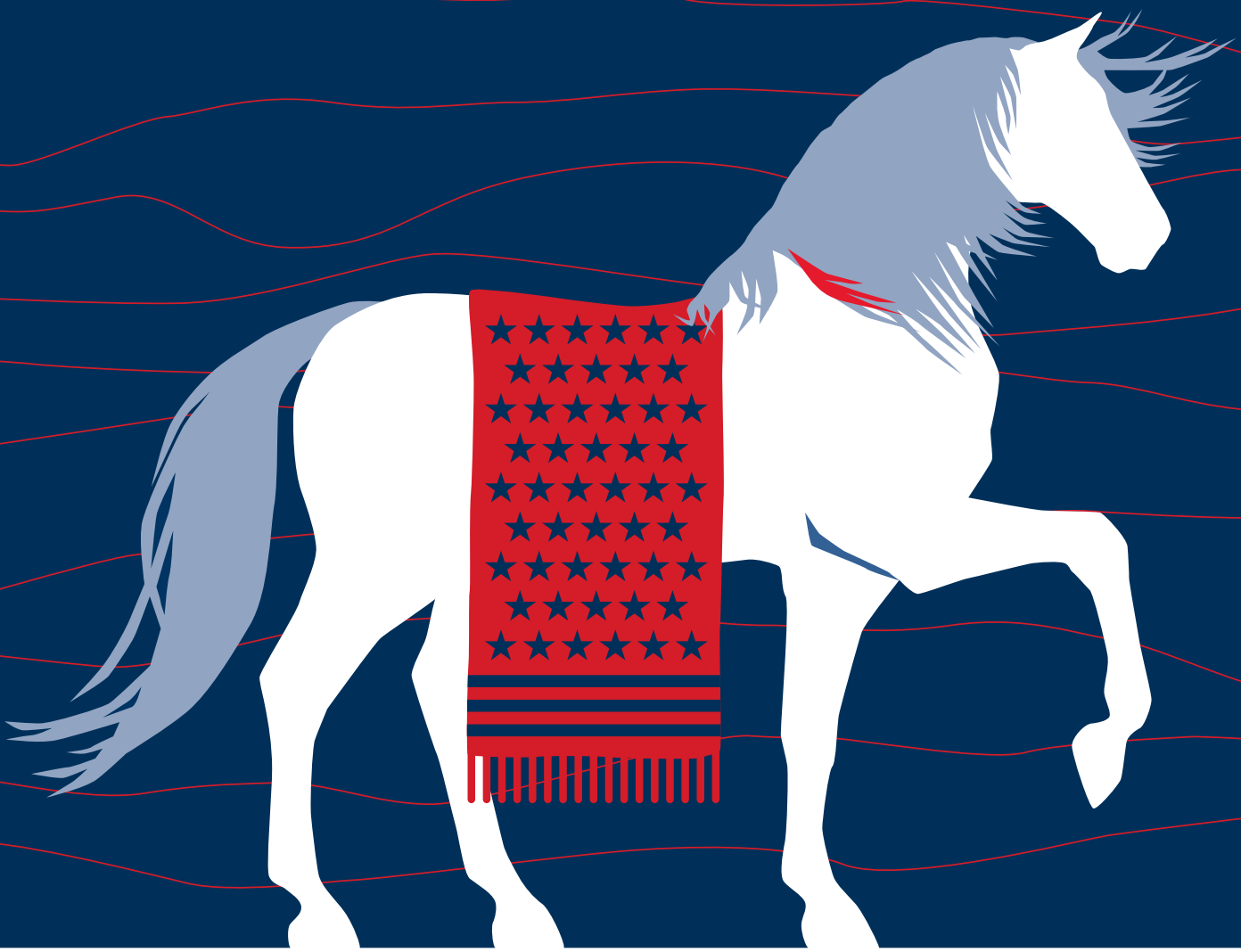


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HORSE JOURNAL

PUBLISHED BY THE SONOMA COUNTY HORSE COUNCIL



VOLUME 20 | ISSUE 3 | SUMMER 2023



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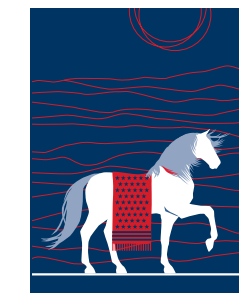
SONOMA COUNTY

HORSE JOURNAL

Published By The Sonoma County Horse Council
Home Of The Equus Awards

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ON THE COVER

The cover illustration was created by Kari Ontko, a designer and artist who works in various mediums and digital technology. In creating this cover reminiscent of summer county fairs and Fourth of July celebrations, Kari first sketched the design on paper. She then drew the final illustration in Illustrator on a MacBook Pro.

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horses *Flight Without Wings*. Passionate about journalism and dressage, art and travel, she is a graduate of the USDF L Judges Education Program and trains her eleven-year-old PRE Toledano.



LORNA GOODE co-founded Goode Rider and today is the director of design and product development. A native of Sweden, she attended Ester Mosesson's Gymnasium of Design in Gothenburg, Sweden, and the Fashion Institute of Design and Merchandising

in San Francisco, California. Before starting Goode Rider, the lifelong rider worked for Levi Strauss & Co. where her claim to fame was to help redesign the 501® jean. She also worked for Gap Inc. Combining her passion for couture design and horses, Goode Rider was born in 2004, and now approaches its 20th anniversary with a new line of leather halters and horse gear, and the launch of Goode Dog collars and lead ropes. www.goode rider.com



MICHELLE BEKO, DVM has been an equine veterinarian since 1991. She enjoys spending time with her husband and daughter as well as doing dressage and jumping with her horse Ranger. You can reach her at Empire Equine at 707-545-3909, empire-equine.com

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TARA GOOD-YOUNG is a 30-year Sonoma County resident, healthcare operations specialist, and passionate returning equestrian. Introduced in the last three years to riding and showing American Saddlebreds in saddle seat English pleasure classes, she

advocates for the breed as vice president of the Northern California American Saddlebred Association, as well as an owner and future breeder of these magnificent animals. Her love of caring for and riding horses began at an early age, raised on western trail and employing gentling techniques with Mustangs in rural northern Nevada where she grew up.



JENNIFER BRYANT is a freelance writer, editor, photographer, and blogger. She is the editor of the United States Dressage Federation's award-winning member magazine, *USDF Connection*, and a contributor to many print and digital equestrian media,

including *The Horse: Your Guide to Equine Health Care*, *Practical Horseman*, *Horse Illustrated*, *Young Rider*, *The Chronicle of the Horse*, *TheHorse.com*, and *YourDressage.org*. She is the author of *The USDF Guide to Dressage* and of *Olympic Equestrian: A Century of International Horse Sport*. Her book co-authored with American dressage trainer Betsy Steiner, *A Gymnastic Riding System Using Mind, Body & Spirit*, was the first dressage-specific training text to be translated from English into German by the German Equestrian Federation.



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President's Message



JOHN O'HARA PHOTOGRAPHY

THIRTY YEARS! That long ago a group of horse-minded people established the Sonoma County Horse Council to face issues much the same as we face today: encroaching development limiting horse facilities, more subdivided parcels limiting riding access, improved and expanding parklands that are simultaneously developing more rules for usage.

These many years the council has worked with elected officials and agency personnel to keep restrictive regulations to a minimum and access broad and unfettered. As time marches on and the population increases, restrictive issues develop and must be challenged and mitigated.

In our efforts to see horses thrive in an environment that welcomes all types of horse disciplines and equestrians over the years, the council has proven its worth in these endeavors. It continues its work on behalf of the equestrian interests in Sonoma County.

As an all-volunteer group, we always are seeking people with skill, energy, and initiative to help with these continuing projects. The more people that we have helping, the more effective and successful we become. So please consider giving some time to the council as you think about where to share your volunteer efforts.

If you have bemoaned the loss of non-racing horse events at the Sonoma County Fair, you will be thrilled about

the fair this summer. **Horse Play at the Fair – Eight Days of Everything Equine**, starting August 3 and sponsored and organized by the council, features daily presentations from 3:00–5:00 p.m. at the Sonoma County Horse Council Arena across the road from the Chris Beck Arena grandstand.

Fortunately for us all, Hope Marshall has joined the fair as the premium and exhibits coordinator and oversees all non-commercial exhibits. Hope grew up in Marin County and moved to Sonoma County forty years ago where she has continuously been involved with owning and showing horses. She, too, lamented the lack of equestrian events at the fair and so it is through her vision and efforts that the council has become involved.

When we looked at the sad state of the arena footing at the fairgrounds, Hope called out the troops who brought in a rock screen and set about changing the arena from a back pasture warm-up area to something much more usable.

We congratulate the fair for wanting to have this kind of show and thank them for trusting the council to be the lead organizer of the event. The idea of having a daily presentation for fairgoers is just what many of us have wanted to see, and we are proud to be involved with the process.

SCHC members and nonmembers alike, please make it a point to see one of the presentations during the course of the fair and say hi to board member Greg Harder who will organize and oversee this special **Horse Play at the Fair – Eight Days of Everything Equine**.



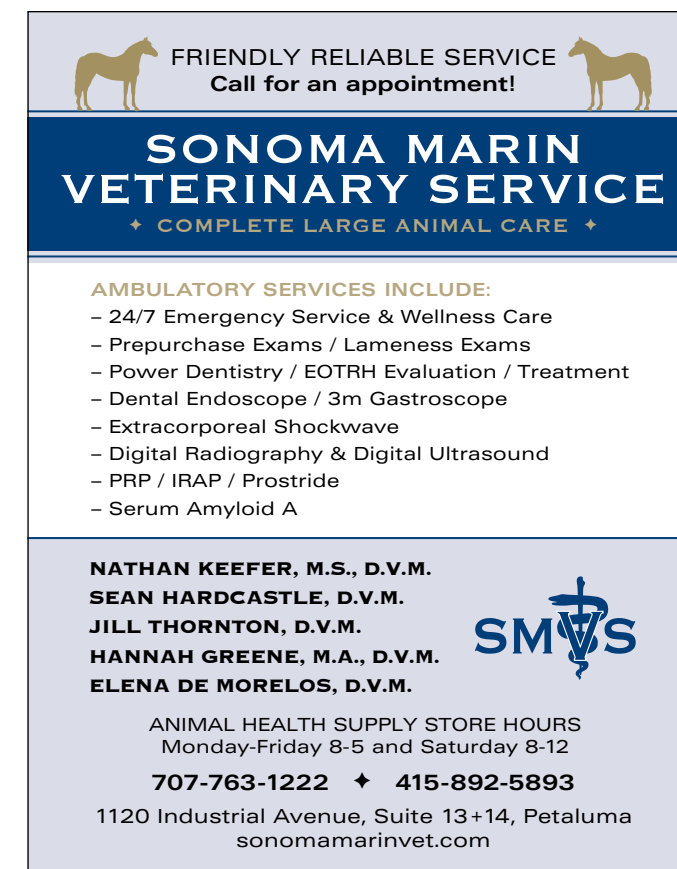
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WELCOME, KARI

Kari Ontko of Ontko Design has joined the *Horse Journal* as our designer with many years of experience art directing and designing various projects, including logos, publications, books, catalogs, collateral, and packaging. A dressage and eventing competitor, she also has illustrated her own line of paper goods celebrating the horse (etsy.com/shop/OntkoDesign).



NEW EXECUTIVE DIRECTOR

Giant Steps Therapeutic Riding Center, Petaluma, welcomes **Elizabeth (Libby) Porzig** as the new executive director. The lifelong equestrian shared during the interview process, "My own lived experience with horses

has taught me to be brave, humble, and joyful. Some of the deepest fulfillment I have found in my life has been teaching people about horses and empowering people to let horses teach us about ourselves."

For the past sixteen years, Libby's career has focused on environmental conservation. Most recently, Libby served as the director of the working lands group at Point Blue Conservation Science, where she supported ranchers and farmers across California in stewarding food-producing landscapes for the benefit of people and wildlife.



LARGE WEST MARIN RANCH DONATED TO EQUESTRIAN NONPROFIT

West Marin-based nonprofit therapeutic horseback riding program **Halleck Creek Ranch (HCR)** in Nicasio has received a gift of a 120-acre horse ranch located in the hills of Nicasio from horsewoman and impact philanthropist **Maja Kristin**.

Founded in 1977, HCR currently provides horseback riding lessons and equine-assisted services to over 150 people with disabilities from throughout the Bay Area.

"This incredible gift from Maja Kristin is a pivotal moment in HCR's long history," said HCR Board President Josie Plaister. "The new property will allow Halleck Creek Ranch to serve more participants, expand upon its innovative programming and inspire new collaborations with the Bay Area nonprofit community."

Rock Rose Ranch has most recently been used as an equestrian training and boarding facility. The property features two barns, multiple paddocks, pastures, and five miles of private riding trails. A large main house and outbuildings may be used as a community center, staff offices, and spaces for volunteer trainings and nonprofit events.

TRAINERS TO DO BETTER FOR HORSES AND RIDERS

This winter Sonoma County's hunter/jumper professional and 'R' judge **Hope Glynn** waited to board a plane at the end of the Desert Circuit; she sat down and tapped out her thoughts about the current state of trainer-client relationships, particularly involving juniors in the hunter/jumper world. Her post, warning trainers and parents alike that they must be more diligent in protecting horses and students, went viral. It was shared and re-shared thousands of times, and many who read it reached out to Glynn to share their thoughts. www.chronofhorse.com/article/trainers-we-have-to-do-better-for-our-horses-and-riders/



HOOFBAT PARK CELEBRATES 33 YEARS OF SHOWS

The dressage schooling shows at **Hoofbeat Park**, owned by Russian River Riders, today celebrate a 33-year history that began as a rescue mission.

In the 1940s, Hoofbeat Park in Healdsburg was created from a neighbor's donation of five acres. The clubhouse, still standing today, was an Army barrack moved from Mare Island.

The actor Fred MacMurray of 'My Three Sons' fame was part of the active membership with family events and parades. The old parade outfits hang in the closet today. However, with changing economic times, the park fell into disrepair.

In 1989 **Judy McHerron** moved to the area as a working student for a local dressage trainer but soon found herself managing a boarding stable on Mill Creek Road.

The owner mentioned a place called Hoofbeat Park that needed some spark to keep going. Judy jumped in to head up the new Hoofbeat Pony Club and soon realized that if Pony Club was to survive, this park had to survive.

Not everyone felt that way. Hoofbeat Park no longer had the community support that it had in the past. You could not tell the difference between the footing in the parking lot and the riding arena. Blackberry bushes overwhelmed the green wood sheep panels, barely held together with baling twine. Horses stayed in these pens only because they decided to.

Judy joined the board of directors of Russian River Riders (RRR) and got her friends to make improvements to the park. The stable owner donated fencing to build 18 new pens. Another friend from a trucking company donated the trucking for 20 loads of gravel for an arena base. A contractor donated supplies and labor to upgrade the kitchen, repaint the inside of the clubhouse and rebuild the dilapidated building next to the arena. The collapsing wood bleachers were replaced with metal ones.

In 1991, Judy held horse shows to raise money for improvements to the park and to give the Pony Club kids the experience of riding dressage tests and jumping courses. Four-day horsemanship clinics lead to the installation of a round pen.

Sonoma Chapter of the California Dressage Society (SCDS) and its Dressage in the Wine Country (DWC) made a large donation from the DWC profits to Hoofbeat Park following the volunteer hours donated by Judy and the Hoofbeats Pony Club.

In 2001, SCDS honored Judy with the Ursula Liakos Award for working towards the good of horses in Sonoma County. The Russian River Riders board honored her with a lifetime membership. The Sonoma County Horse Council

recognized Judy for her involvement and commitment to the horse community with the 2004 Equus Hall of Fame Award.

The schooling shows continue today to provide beginning riders and horses a good experience. Many riders who participated years ago are bringing their kids to the shows. The fair board parade in April and the Halloween parade in October are popular events.



"Hoofbeat Park is a treasure to be maintained as it gives local horse people a place to ride and hold events. It's important for places like Hoofbeat Park to survive and thrive for the future horse community,"

—JUDY HERRON

EQUI-ED VOLUNTEERS CELEBRATED WITH SERVICE AWARDS

Since 2003 the President's Volunteer Service Award recognizes the important role of volunteers in America's strength and national identity. This program allows certifying organizations to recognize their most exceptional volunteers. As a certifying organization, **Equi-Ed Therapeutic Equestrian Program** in Santa Rosa recognizes the 2022 recipients



TOM GIANNINI - Tom is the weekly Tuesday evening feeder. He often steps in to help with lessons when other volunteers can't make it. He helps with trailering horses and does minor repairs around the facility, along with many other projects Equi-Ed regularly asks him to do. Tom has volunteered with Equi-Ed since 2010.



BEV WINTON - Bev volunteers three days a week year-round, helping with lessons, events, and many other tasks. Bev has volunteered at Equi-Ed since 2007, and she is also a member of the Equi-Ed board of directors.



JANE CRESTA - Jane has lived on the Equi-Ed ranch for over 20 years. She does it all, from feeding and moving horses, keeping the barn area in good order, working with students, doing repairs and projects, and assisting with events and parties.



JEAN MARTIN - Jean is a weekly lesson volunteer, substitutes in lessons, helps with events, serves on the board of directors as treasurer, trailers horses during evacuations and other occasions, and is our resident horse masseuse. Jean first started volunteering in 1996 and then rejoined the team in 2018 after an 18-year break while she was at home with her kiddos.



Pregnant Mare Rescue joined the 2023 Butter and Egg Days Parade in Petaluma

UPCOMING EVENTS

JULY 9 Summer Day of Dressage
Hoofbeat Park, Healdsburg. Judy McHerron
eqwine@sonic.net, 707-696-2848

JULY 15 Northern California Mustang Showcase - Benefit For Wild Heart Restart Rescue
Rayo Rancho, Cotati
mustangshowcase.com

AUGUST 3-13 Horse Play at the Sonoma County Fair - Eight Days of Everything Equine
sonomacountyfair.com

SEPT. 9 Russian River Riders Day of the Horse
Hoofbeat Park, Healdsburg. Debby Bailey
debbyilene109@yahoo.com, 707-433-3439

SEPT. 17 Jump into Fall Schooling Day
Hoofbeat Park, Healdsburg. Judy McHerron
eqwine@sonic.net, 707-696-2848

SEPT. 22 Buckles & Bling Annual Halleck Creek Ranch Dinner And Auction
halleckcreekranch.org

OCTOBER 8 32nd Halloween Day of Dressage and Parade
Hoofbeat Park, Healdsburg. Judy McHerron
eqwine@sonic.net, 707-696-2848

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The Life of an EVAC Driver

BY PATTI SCHOFLEER

Adorned with long purple fingernails, stunning eyelashes, and purple coloring at the end of her ponytail, Nikki Canelis is a rough-and-tumble barrel racer who drives behind wildfire lines to rescue animals.

Her heart doesn't pound wildly when she sees the flames. She doesn't hesitate. Instead, she moves into the disaster scene armed with life experience and a personality that makes her among a unique group who knows how to successfully evacuate animals from raging fires and screaming floods.

Sometimes the wind changes, and the fire races towards her. The smoke stings her eyes. It's hot. A huge bomber plane might loom overhead, preparing to drop red fire retardant where she stands. Still, with only minutes to perform the deed, she loads stressed and scared animals into trailers. Her calm and focused nature takes control when the decision of when to head out to safety may either break or warm her heart for years.

As the lead for Sonoma Community Animal Rescue Team (CART) evacuation unit, Nikki will send others out in trucks with trailers to join her in rescuing animals and asking difficult questions. What will they do if a horse absolutely will not get in the trailer? What if a levee breaks? How will they get the animals to safety? What is too dangerous for their own safety?

When the call comes for help, these volunteers just go. They drive behind the fire lines day or night, at any hour. They have joined the evacuation team because they love animals, not because they seek attention or because they are adventure junkies.

Nikki was born in the West Sonoma County backcountry town of Cazadero, which usually holds the record for the most rain in the county's season. Raised in a house her

Nikki Canelis, the lead for Sonoma Community Animal Rescue Team (CART) evacuation unit

PHOTO BY PATTI SCHOFLEER

grandparents bought in 1951, and today a certified PEMF (pulsed electromagnetic field therapy) technician, she comes from brave stock, and the things she was asked to do as a kid makes what she does today natural to her. As her hat reads, "Cowgirls don't cry."

When she approaches the fire line, she's calm and confident. She doesn't analyze what to do until she gets there. "I know this country really well. I know where we're going. I know how we can get out."

The dramatic decision needs an answer anyway, like when she met up with another driver at Sea Ranch to pick up two horses. She backed up her trailer and loaded the gelding. Suddenly transformers were exploding all around them. The mare would have nothing to do with the trailer.

"The mare fought and fought. Ten minutes passed. A call came in that the fire had crossed the road and was headed toward us. We tried for five more minutes. Another call came in, this time that 12 horses needed to be picked up. Then the fire arrived. The mare's owners pleaded with us to keep trying, but we had to leave."

The safest thing to do was to leave the gelding with the mare. "We don't want to leave an animal. But the fences were still standing. A pond in the pasture was dry, with no grass around it to burn. We told the people to call us the next day when maybe the wind wasn't going through there. These decisions break your heart. I feel it even now. But you have got to call it at some point and just say no."

The mare and gelding made it.

Until the Sonoma Complex Fire in 2017, animal evacuations were initiated by word of mouth and performed more by the seat of the pants. While some groups were good with horses, they didn't work well with government incident command systems. On the other hand, not all responders were up to the task of handling animals, especially horses.

Today, Sonoma CART, developed by Amber Bowen, DVM, works under the auspice of Sonoma County Animal Services and has carefully designed protocols for evacuation drivers where there have been none.

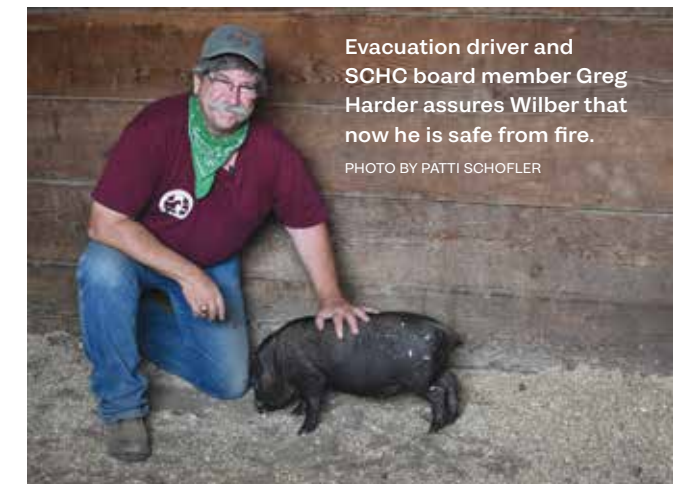
"Our protocols work because we work as a team. As long as we play nice in the sandbox, we do a fabulous job," says Nikki, who has been evacuation lead for two years and driven for CART since 2018.

The evacuation drivers must pass the trailering program sponsored by the Sonoma County Horse Council, complete four Federal Emergency Management Agency

(FEMA) classes, and attend CART classes in animal handling before being sworn in as disaster service workers with the county.

When you see Greg Harder in a necktie, in his office, on a call with a client in his capacity as a financial advisor, you might have difficulty envisioning him as one of the first over the fire lines. Yet, as a CART evacuation driver, Greg is always ready. His pickup truck is permanently packed with a full emergency kit, fire-resistant protective gear, ropes, halters, a slicker, and irrigation boots. His person is packed with experience, wisdom, and calm.

Engulfed in wildfire smoke, the truck and trailer await evacuees.



Evacuation driver and SCHC board member Greg Harder assures Wilber that now he is safe from fire.

PHOTO BY PATTI SCHOFLEER

Greg was posted on the road outside the Santa Rosa Fairgrounds last winter when flooding surprised many. During fire season, the fairgrounds is one of the main go-to evacuation spots. But heavy rain had turned this sanctuary into a muddy mess not welcoming to horse trailers.

"This person pulls up, and I ask how many horses," describes Greg, who was unloading horses on the road outside the fairgrounds. "She says two. I see only one." He looked inside. One was down with his head stuck under the damaged and frozen-stuck divider. Greg tied him down to keep him still and secured the standing

one. He grabbed a tire iron from his truck and cranked open the divider. "The horses didn't care. You just go in and work quietly and smoothly. It would have been a nasty wreck otherwise. Instead, we ended up unloading both horses."

Today, Sonoma CART is so organized and respected that they are called to help throughout Northern California. "We spent three weeks at the Placerville Mosquito Fire last year," Greg says. "We slept in our pickups maybe three hours a night. I was a night watchman, so no one could get up the road without waking me. I'd get up every two hours to check on the animals and then go to sleep for an hour."

A couple of years ago, rescue training at the Sonoma Developmental Center in Sonoma was organized by the California Office of Emergency Services. CART was invited to teach other first responders about handling animals. One of the five scenarios simulated the rescue of a horse from a building about to collapse following an earthquake.

"The trainees didn't know animals, and the emotions were high," Greg recalls.

"They insisted we shouldn't drag the horse out of the building because we would damage his hair and skin. We needed to wait to put the horse on a plastic slide. My way, without the slide, would have taken five minutes. Their way was two hours. In truth, we really can't care how Fluffy feels; we care about Fluffy living."

In the middle of the night, a call came to Nikki that 21 Mustangs had to be moved from Chalk Hill Road. "We had trailer after trailer after trailer going up the road," Nikki recalls. "A huge, loud bomber with fire retardant was flying directly over us. We knew we didn't have much time. Still, we had to tend to mounds of paper-

work to track the horses, who was who, who went into what trailer, and who would be delivered where." With only ten trailers, there was no room for one Mustang, the cows, and the goats.

A few days later, after the fire was extinguished, Nikki and the other drivers returned the animals, a reunion that is usually most heartwarming. This time, however, there was nothing left. All the remaining animals were lost. The entire place had burned to the ground.

And yet, twenty horses had been saved.

Ideally, new evacuation drivers always go to the scene with an experienced individual and a pilot car goes behind the fire lines to check it out before trucks and trailers arrive. Each truck and trailer turns around to face the exit.

"If you need to get out, you need to get out," Nikki explains. "You park so that you are ready to go, and you don't block anyone else in. You leave your truck running."

The best plans, however, don't always work out. "I went to feed animals on a property that had burned. I parked my truck in a safe spot. And then two trees fell in front of it. I

considered backing out, but couldn't leave because a propane tank was leaking, and something had to be done. I had to see if the animals were alive and feed them."

She walked down the road to find help, and as luck would have it, she encountered a jeep with a fireman's sticker on the license plate. The driver followed her back to the property. "He sees how I'm parked and says hats off to you. I said we're trained that way.

"He called his buddy from Family Tree Service, and within 20 minutes, they removed the trees. He even helped me feed the animals."



Walbridge Fire of 2020 wiped out animal transportation rigs relied upon by many North Bay residents, leaving them to call upon trained evacuation drivers.



Hungry goats lost their way in a fire. They spot the hay in the back of an evacuation truck and eagerly head toward it.

"You put a bucket on their head, and they'll go. Like ostriches and emus, put a sock over their heads, and they're as docile as can be."

He is among the one percent because he is an agriculture science teacher. He also is a financial advisor, which may take that same kind of cool one needs in evacuations. He has also been a professional bowler, calf roper, insurance agent, vineyard products salesman, and car salesman. He holds a bachelor of science degree in agriculture business, a bachelor's degree, and a master of science degree in agriculture from California Polytechnic University.

All his experience has brought Greg to conclude that "with animals, the key is knowing when to do something and when not to. In truth, when animals get into a wreck, there is nothing we can do other than stay out of their way and let the wreck work itself out, and then go in and clean it up. This works out better for the animals."

No matter how careful or what tactic, it still boils down to the fact that it's evac driver's cool that matters.

Everything was burned. If she had backed up and driven around the fallen trees, her truck would have fallen into a huge hole hidden by fire debris.

When Nikki took over, she developed a system whereby new evacuation drivers always went to the scene with an experienced individual. Some horse people who are good with trailering find after trying it that they can't handle the life of an evac driver.

During the 2021 Walbridge fire, three trailers took most of the day to rescue seven horses in Timber Cove. Back in town, at 8:15 p.m., as the drivers were eating for the first time all day, a call came in to return to Timber Cove for 35 sheep and goats. Nikki and her trailering partner Kim Ecklund were able to commandeer another driver and headed back up.

"We loaded five animals into my trailer. We struggled with the others who were fighters. Then the wind changed, and I said we're out of here."

Coming down Fort Ross Road, the fire picked up again, and the new driver was panicking. Nikki asked her to stay calm. If need be, Kim would drive her trailer. "When we got down to Healdsburg, she was fried. She couldn't back up her trailer to unload the animals into a round pen. I had her take some deep breathers while I unloaded her trailer. I said she needed to text us when she got home. I didn't hear from her for four days."

They found her at the fairgrounds and invited her to go back out with them. She said she would rather muck stalls.

CART evac drivers are trained to handle all kinds of animals. A family from Healdsburg was vacationing in Italy when they learned the fire was moving close to their home. They called CART, who sent Greg out for two goats, 12 chickens, and three ducks.

"The fire was so close, and we didn't have time to put the birds in carriers. We just threw them in the back of the trailer. We got to the fairgrounds, and they were all in there."

Nikki went into a fire to bring out 26 koi. "All but two were dead. We took those two to Caesar's Tropical Fish. They kept them healthy until the owners could take them back."

Pigs, Greg claims, are the hardest to evacuate. "They won't load. They won't use a step-up trailer. You have to create a ramp, and if the pig hasn't been on a ramp, it's a wreck. Ninety-nine percent of people in society have no idea how to load pigs," Greg jokes.

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Co-star Ruth Hall takes over the reins from John Wayne in Petaluma's Easy Rider restaurant. The original poster promoting the 1932 Western 'Ride Him, Cowboy', starring Wayne, was modernized to give it a more feminine feel. The horse Duke became Duchess. The name of the movie became Ride Her Cowgirl. "We like not going too masculine, more balanced. That's cool," says Dustin Sullivan, Easy Rider owner. "The idea was for the mural to be like a billboard on the highway, as you're driving across America." The original John Wayne poster was photoshopped and printed on vinyl.



Sonoma County Horse Council Welcomes New Board of Directors Members



SARAH DE SANZ is a semi-retired periodontist who lives in Kenwood with her husband, Greg. They moved to Sonoma County from Sausalito two years ago, having had their fill of foggy summers.

Sarah received her dental degree from the University of California, San Francisco (UCSF), in 1993. Following a general practice residency at the Veteran's Affairs Medical Center in San Francisco, she returned to UCSF where she completed a fellowship in oral medicine and post-graduate training in periodontology in 1998. She is a Diplomate of the American Board of Periodontology.

"We love our life here in Sonoma County - especially the equine part," said Sarah who has two horses. Biggie, a reiner, is boarded and in training in Petaluma. Boone is her trail horse and is boarded in Santa Rosa.

"In addition to the joy I experience with my horses, I have found the comradery and shared values of the horse community to be enriching beyond measure. I was motivated to join the board to help protect and expand the interests of all of us who live and love the horse world in Sonoma County.

"As a former business owner, I hope to contribute to SCHC my significant skills in budget creation, marketing, project planning, and management, as well as community outreach."

KIM MURPHY has held a variety of strategic senior management positions in the financial services and technology industries within large global companies for over 40 years. She is currently a partner and financial advisor for Edward Jones Investments. She has developed, owned, sold, and worked for Fortune 500 and local companies throughout her career.

Nonprofit organizations have also been an important part of her life, and she has held a variety of positions on boards of directors, including those of Santa Rosa Rotary Club, Sonoma County Museum, Girl Scouts of America, and Art Start. She enjoys volunteering time to help horses and children and to create financial freedom for all people.

Kim comes from a long line of horsemen and women on both sides of her family, from Butte, Montana, and Denver, Colorado. Born in Reno, Nevada, Kim rode and grew up in Carmel Valley, California. She participated in color guard for the Carmel Valley Saddle Club, showing successfully at the Grand National in San Francisco.

In the mid-'70s, Kim started the horsemanship program at Sonoma State University, where she received her bachelor of arts degree in management and psychology. She went on to receive a master of business administration from Golden Gate University.

For many years Kim has successfully shown hunters and jumpers but also has ridden most disciplines, including cattle driving, polo, fox hunting, and endurance riding. She enjoys working with rescue horses and organizations supporting horsemanship.

Today she owns six horses and lives with her husband DeWayne in West County, where they enjoy numerous visits from their kids and grandkids.



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RIDING CLOTHES CREATE MORE THAN A PRETTY PICTURE



The What, The How, and The Wear

BY LORNA GOODE

TOP PHOTO: Lorna Goode's PRE stallion Jaleo joins the photoshoot in Sonoma with model and former Marin resident Alivia Levine highlighting the comfort of Goode Rider's show shirt. PHOTO BY GREGORY GOODE

BOTTOM PHOTO: Imagine how comfortable this getup was for riding! Photographed by Paul Nadar in 1891, Selika Lazevski performed haute école at the Nouveau Cirque in Paris, dressed in the latest riding clothes.

Today's equestrian clothes are gorgeous and such fun. Yet, since riding is a sport, they are more than a pretty face. Their design should assure the rider of comfort, functionality, and safety. The design of equestrian clothing takes into account the unique requirements and challenges of riding, aiming to enhance the rider's performance and protect them from potential dangers.

Here are key factors that influence the design of equestrian clothing:

FREEDOM OF MOVEMENT: Horse riding involves a wide range of movement, including bending, stretching, and maintaining balance. Equestrian clothing should allow for unrestricted movement, typically featuring ergonomic cuts, seamless designs, and stretchable materials. These properties enable riders to communicate effectively with the horse, stay comfortable and maintain proper form while riding.

BREATHABILITY AND MOISTURE WICKING: Riding, like many sports, is physically demanding. Riders perspire. For that reason, equestrian clothing often is made of breathable fabrics, with venting and laser holes that allow air circulation, keeping the rider cool and comfortable. Moisture-wicking and quick-drying properties help draw sweat away from the body, preventing discomfort and chafing.

SUN PROTECTION AND LIGHT-WELLNESS: As most equestrians ride outside, many new fabrics offer UV protection, to guard riders from sun damage. Red and near-infrared light that activates when the sun hits the fabric has been proven to help the body cool down, help with blood circulation and muscle fatigue and even reduce joint pain.

PROTECTION AND DURABILITY: Safety is a crucial consideration in equestrian sports. Since riders are exposed to potential risks, equestrian clothing incorporates protective features like reinforced seams, padding, and specialized materials to minimize injuries. It is for safety that equestrian clothing is fitted; loose garments can easily be caught on tack and increase the risk of falls and injury. Horse riding can be demanding on clothing due to friction from contact with saddles, reins, and other equipment. Equestrian attire is designed with durability in mind, using sturdy materials that can withstand wear and tear.

GRIP AND TRACTION: Maintaining a secure seat in the saddle is important in riding. Equestrian clothing, particularly riding breeches, incorporate features that enhance grip such as reinforced suede patches, full seats, and silicone patterns. These ensure better control and prevent slipping. Sticky riding gloves help prevent reins from sliding and are crucial for effective communication with the horse.

STYLE AND TRADITION: Equestrian clothing usually follows classic tradition. In competitions, different equestrian disciplines have their own specific clothing requirements and regulations. Dressage, show jumping, eventing, and western riding, among others, have distinct dress codes that adhere to tradition, safety standards, and discipline-specific needs.

In the world outside of horses, equestrian attire is always in vogue. The equestrian look is a lifestyle that can easily transition from the saddle to the street, from the barn to the bar, and from one sport to another.

Overall, riding is not just about looking good while you are in the saddle, but it sure does feel better when you do.



A friend gave **BETH ANN BAKOS-MATTHEWS** a bucket of horseshoes and said make something with these. After she stared at that bucket for weeks, she put her jewelry-making experience to work, and Suncatcher Daydream was born. Her one-of-a-kind and custom pieces feature glass beads and semi-precious stones. "I love seeing the connection people have with the piece that they are buying. Sometimes it can be a memory of a loved one or a happy reminder of someone they love." suncatcherdaydream@gmail.com

CHRISTIE MARKS considers horses to be her spirit animal and enjoys painting them on their own or as part of a more complex composition. Christie exhibits her work at the Paul Mahder Gallery in Healdsburg and in exhibitions throughout the United States. Her studio is in Santa Rosa's SOFA Arts District. christiemarksart.com



Fahime



Billy Blaze



Frankie

Artists *Drawn* to Horses



When **MELYNDA SILVASHY** was growing up as a horse fan in Sonoma County, she always wanted horse things. While she found many horse decor items, they didn't look to her like they were designed by someone who actually rode horses. "I would see weird-shaped horses or English tack on a western horse. So I create my own. With the shadow box, I can tell the story of a setting and a horse." Her work is displayed at Java Amore café in Penngrove. melscraftspot.com



Diary of a Future Foal

Over the next few issues, Tara Good-Young will share her adventures in what began as a lark to ride after a 30-year break and has become a journey to create new life—a foal of her own.



Tara Good-Young and Our Lady Valentine (top photo) Lady's sonogram shows a vesicle that indicates pregnancy. This is the picture the veterinarian sent Tara with the congratulations text. (bottom photo)

MAY 22, 2023 Oh, my gawd, we are going to have a baby. At over 50, it sounds a little wild to say, yet the words joyfully vibrate through the core of my being.

I couldn't be more excited, anxious, and even over the moon about the news, and I'm not even the one pregnant. My beautiful and kind American Saddlebred mare, Our Lady Valentine, lovingly known simply as Lady, is expecting.

How we got to this miraculous place is a lot like Merle Haggard meets "Give a Mouse a Cookie." I grew up as a western rider on Mustangs. I was inspired to get off the fence and return to horses after seeing social media posts by a friend taking lessons at Monarch Stables. Huh, I could do that, I figured, and I bought a six-pack of lessons on a promotional offer shortly before COVID arrived. The next thing I knew, as Merle Haggard says, I was "rolling downhill like a snowball headed for hell."

That little sixer quickly turned into riding twice a week, signing up for camps and clinics, but swearing I wouldn't own a horse again (too stressful). Oh, well ok, I'll just half-lease, but I definitely don't need to show. Ah, no, I don't see myself showing.

Then I saw one Friday night in November on Facebook what I thought was a picture of another new horse coming to our barn. Turned out to be Lady's sale highlight reel. Two conversations and four days later, on a lunch break, I bought my girl and by spring was showing her. Turns out I was the only Groupon buyer that ever stuck at Monarch. And boy, I was all in, rocketing down the slippery slope.

When Lady arrived and was at once the gentlest, prettiest, and most challenging horse (in a good way) I'd ever had, did I dream a little of breeding her in the future? Of course. Then I realized at her age of 18, the future was now, as I'm not the only one with a few years under her belt.

She was encouraging and continued to spur the dream. Each time we returned from a show Lady went into heat. Once at a show in Santa Barbara, she got hot-to-trot enough to let herself out for a very non-chalant walk-about to visit the PRE stallions across the barn alley.

Late autumn talk quickly turned to earnest planning with much to learn. How do you know whom to breed to for what best traits, and just as important, what to avoid? Who is an excellent equine reproduction and health vet in our area? A wise village of experienced trainers and breeders with in-depth knowledge, often firsthand, of the history of both good (champions, good legs/feet, long life span) and bad (too much line breeding in the pedigree, club feet, low backs, poor demeanor) in the breeds you are working with is pure gold. As I flipped through *Saddle Horse Report*, *National Horsemen*, and American Saddlebred studbooks, and watched Louisville's three and five-gaited world championship videos, most every horse and breeder was known to my experienced tribe.

As my Saddlebred barn family fielded my litany of questions and taught me to research pedigrees, the vet and choice of stallion became clear. Our barn vet Dr. Amber Bowen, an incredibly agile-minded pro, had several breeding successes even with challenged mares.

When describing my wish list stud as a World Champion, having great confirmation, with a kind and affable demeanor, one name echoed unanimously, WC Gothic Revival. My trainer Brigitte Scholl knew his owner and breeding manager Melody Adler. Two emails later came an invitation to meet Gothic in Simpsonville, Kentucky.



WC Gothic Revival, sire of the future foal.

On the December trip to Kentucky, I met Melody and Gothic, and toured Melody's incredible lab and breeding facility at bucolic Aurora Farms, where she educated me on several finer chemistry and motility factors involved in equine reproductive science. I enjoyed seeing several of Gothic's youngsters, including two starting in training at an upscale barn, J&E West Stables, a few miles away. I signed the contract and check for the stud fee, and flew home with a song in my heart and a dream on my mind.

That was the easy part. Queue the longest, wet "winter of our discontent." No time under the lights fooled Lady into getting in the mood during February or March. Miss Hot-to-Trot became legs crossed, and no,

thanks, I'm not. Come April, I was getting worried. Was it just the weather, or had we missed her moment, and all that hormonal activity last year was her last hurrah?

One more vet check in late April, two sonograms, and a new game plan later, at long last, Lady came into season, just as the barn was heading out for two back-to-back events starting the show season. The 17 heady days that followed involved ordering the "man in the can" because she was in heat, waiting for her to ovulate at the ideal time, and planning to check her again in two weeks. The most anxious were those last 14 days waiting to open Schrödinger's box to confirm if we were pregnant or not.

My soul went into orbit when I read the text "Congratulations! She is in foal! We will check her at 28 days." On May 18, we had a 15-day positive pregnancy that had taken a village to accomplish.

I am over the moon and nervous at the same time. I know anything can happen during these hopeful 320+ days. Worrying never stopped a heartache that happened, yet surely has stolen joy not embraced for fear of potential heartache. We will keep you posted with more background about Lady, her full circle Santa Rosa connection, what we found out that made Gothic more special, and details of the medical regimen.

I leave you with the quip that echoes in my head, making me nod and grin each time I pay my Lady bills.

"If you're ready to start burning hundred-dollar bills, you're ready to become a breeder."

—MELODY ADLER



Tara's husband and now willing co-conspirator Marlon Young, Tara, and Our Lady Valentine.

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WHAT'S IN A NAME?

BY PATTI SCHOFER

Good name in man and woman is the immediate jewel of their souls.
—WILLIAM SHAKESPEARE

Horse breeders could not agree more with Mr. Shakespeare when it comes to their jewels, the foals, and for that reason, they put great care and consideration into what they name these gems.

Rules for naming foals, however, run the gamut from tight control to nothing at all, and they often reflect national history, tradition, or character. In their naming process, the Trakehner breed honors the women in the family while the whole family gets into the act with a Lipizzaner name. It's a numbers game

the horse is deceased. That even means no names that sound like another, even when spelling differs.

Aside from those rules, members can submit name choices that are meaningful to them. Some are funny or related to current events, like popular TV shows, stars or phrases. Some incorporate a farm name or initials to help distinguish the horse as part of a certain program. And others like to incorporate the names of the sire or dam into the foal's registered name.

Where else but the **American Quarter Horse Association** would you find the requirement to get written

The **Cleveland Bay Horse Society of North America** limits a name to a maximum of 25 characters. Unique prefixes are welcomed and may be, for example, a breeder's farm placed before all his horses' names, such as Bytown Ottawa and Bytown Kanata. The prefix must be registered with the society.

No restrictions of any kind darken the path on which foals are named with the **N.A. Danish Warmblood Association**. It's not unusual to see farm or breeder prefixes and suffixes connected with a name such as Blu Hors Matine.

While the **Friesian Sporthorse Association** has no naming rules and will accept duplicate names, the **Friesian Horse Association of North America** requires that each year foal names must start with the required letter of the alphabet, and once that horse is registered with its name, he or she lives with it forever. The 2023

Hungarian Riding Ponies Book registers approved Felver breeding horses crossed with approved pony breeds. They carry before their names "Hungarian Riding Pony" or "HP."

The **International Andalusian and Lusitano Horse Association** encourages farm prefixes and suffixes and will register one such for exclusivity and uniqueness. Numerical suffixes (Arabic or Roman) must be approved by the registrar. Since duplicate names are not allowed, the registrar can assign a numerical suffix to prevent duplication. Names are limited to 25 characters.

Irish Draught Horse Society of N.A. (IDHSNA) is open to any name. There are some well-known and variously protected prefixes, and some stallion owners encourage mare owners to include some aspect of the stallion's name. Irish horses imported from Ireland are rarely named prior to being sold or imported.



with Dutch-related breeds, while American Warmblood organizations leave the decision to breeders.

Sires are leaders of the pack with the **American Hanoverian Society**. A foal name must begin with the first letter of the sire's registered name. The exception to this rule is with offspring of "W" line stallions whose pedigrees contain Feiner Kerl and Ferdinand. In these cases, names must begin with the letter "F."

Sires also rule the naming of male horses registered with the **American Holsteiner Horse Association**. Female offspring have names beginning with a letter that coincides with the year of birth. 2023 names start with "P." Full siblings may have the same names followed by an ordinal number (Calypso I, Calypso II). A name is restricted to 18 characters, and the use of the sire's name as part of the foal's name is frowned upon.

Originality is the name of the game with the **American Paint Horse Association** (APHA). Horse names may be up to 21 characters long (no numbers, punctuation marks or other symbols), and they cannot copy the name of another APHA-registered horse, even if

permission from his estate to name your horse John Wayne? The same applies to every celebrity. Other than that, you can name your horse any name providing it is no longer than 20 characters and without punctuation marks. Arabic numerals are permitted at the end. The AQHA has on its website a tool to research foal names.

The **American Trakehner Association**, which maintains that the mare line is more important to the outcome of the mating than the stallion line, honors the mother by naming a foal with a name that has the same first letter as the dam's name.

Freewheeling Americans of the **American Warmblood Society & Sporthorse Registry** aren't restricted in naming registered offspring, though they are encouraged to use the first letter of the sire for a male offspring name. Full male siblings may use duplicate names with the appropriate ordinal number (Sammy I, Sammy II). The registry requests that a name contain no more than 18 digits and promotes the use of an American name. The latter is also true for the **American Warmblood Registry**.

letters are W, X, Y or Z. Owners are encouraged to use a Friesian name such as Douke, or Elska or Femke. When a stallion is approved, he is renamed from a list of Friesian names never used before by an approved stallion, and the next consecutive studbook number becomes part of his name, as in Hearke 254.

Hungarian horse names vary according to which studbook of **Hungarian Horse Association of America** they enter. The Hungarian Felver Book preserves bloodlines from pre-World War II Kisber State Stud in Hungary and shows a five-generation pedigree entirely of Felver, Thoroughbred, Arabian, and /or Shagya blood. The names are preceded by "Hungarian" or "H."

The Hungarian Sportlo Book registers Felver horses outcrossed with European warmbloods approved for breeding by their registries. The names are preceded by "Hungarian Sportlo" or "HS."

Hungarian Fajta (Part-bred) Book records the offspring of a Felver or Sportlo registered horse to any other horse that is not eligible for the other books. Names are preceded by "Hungarian Part-Bred" or "HPB."

The IDHSNA has harmonized with the studbook of origin in Ireland, along with Great Britain and Canada, and all participants agreed to use the Central Prefix Registry in order to prevent duplication of prefixes in the various Irish herds. Unique prefixes or suffixes can be registered for use when registering stock with most United Kingdom and some foreign breed societies.

Horses that are registered with the Dutch Warmblood organization, **KWPVN North America**, are given names that start with the letter assigned to their year of birth, and are no longer than 20 characters. The 2023 letter is "T." A KWPVN horse may have its name changed one time, up to December 31 of the horse's three-year-old year, providing it has no offspring on the ground.

Now focus. Here come the Lipizzans. Members of the **United States Lipizzan Federation** follow this protocol for naming Lipizzans bred in North America.

Colts have two-part names. The first represents the stallion line of the sire. Of all the sires used in the 18th and 19th centuries, six founded the classical stallion lines of the breed: Siglavy, Neapolitano, Maestoso,

Favory, Pluto, and Conversano. In Croatia and Hungary, the Tulipan and Incitato lines were developed.

The second part of the name is the dam's name. If there are more than one offspring of a cross or a different stallion from the same stallion line is bred to the mare, and the result is a duplicate name of two or more horses, a Roman numeral is added to the name such as Pluto Dido II.

In the U.S. Tempel Farms tradition put a Roman numeral in the middle of a stallion's name to represent the breeding stallions of that line that Tempel Farms has had as, for example, 738 Favory VI Brenna. This horse was born 738 Favory IV Brenna, but when he became a breeding stallion, his name changed to 738 Favory VI Brenna as he is the sixth breeding stallion of the Pluto line at Tempel Farms.

A filly may be given any name up to 12 characters in length. Traditional dictates that the name end in the letter "a" and often begins with the same letter as the dam's name. A mare name may contain a hyphen. For example, the mare Terra-Blanca is a daughter of Tribecca, whose dam was Triesta.

European national stud farms have individual systems, and horses imported to the U.S. keep their original names. Horses from Piber, Austria, for example, have a number either in front of the name, such as 604 Siglavy Garba, or following the name as with Kulpa-96. The number following the name is the birth order number and is assigned at birth. The number in front of the name is the studbook number and is assigned when either a stallion is selected for training at the Spanish Riding School in Vienna, Austria, or when a mare is accepted as a breeding animal in the Piber herd.

Names registered with the **American Morgan Horse Association** (AMHA) are limited to 25 characters, must be unique, and cannot use a suffix like Second or Junior or a prefix like "The" or "A" or a numeric symbol to make it so.

A prefix registered with AMHA is a name, word, letter, or combination thereof preceding a name, recorded with the registry and used exclusively by the owners of the Morgan horses for the purpose of distinguishing Morgans bred by them from those of other Morgan

breeders. The word(s) for a proposed prefix cannot be the complete name of a registered Morgan horse that has lived in the last fifty years.

Oldenburg naming conventions are required by the **Oldenburg Horse Breeders' Society** and often are followed by members of **Oldenburg Registry NA** and **International Sporthorse Registry**, which do not have name requirements. The name of a filly intended for breeding must start with the first letter of the dam's name. A filly without a future as a broodmare may be given a name starting with the first letter of either parent name. A colt's name must start with the first letter of the sire's name. Once a horse gets approved for a mare book or as a breeding stallion, the name cannot get changed.

On December 21, 2022, **The Jockey Club** released for use by new owners 28,542 formerly assigned Thoroughbred names. How these names are assigned came about through these rules for naming the Thoroughbred.

When a foreign language name is submitted to The Jockey Club for approved use, an English translation must be furnished. Coined or made-up

names must include an explanation of their meaning.

Names may be reserved for later use for one year from the date of reservation unless renewed. If the reserved name is not used or renewed within one year, it can go to any horse.

A horse's name may be changed at any time prior to starting in its first race if the horse has not been used for breeding. In the event a name is changed after a horse has started in its first race, both the old and new names should be used until the horse has raced three times following the name change. Names of horses over ten years old may be eligible for use if they have not been used during the preceding five years either for breeding or racing. Names of horses that were never used for breeding or racing may be available for use five years from the date of their death.

Among the names that cannot be used are the following:

- Names consisting of more than 18 characters;
- Names consisting entirely of initials, such as C.O.D., F.O.B.;

- Names ending in "filly," "colt," "stud," "mare," "stallion," or any similar horse-related term;
- Names consisting entirely of numbers. Numbers above thirty may be used if they are spelled out;
- Names ending with a numerical designation such as "2nd" or "3rd," whether or not such a designation is spelled out;
- Names of living persons unless written permission to use their name is on file with The Jockey Club;
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- Names of racetracks or graded stakes races;
- Names that cannot be used are those that have clear commercial, artistic or creative significance, contain profanity, or suggest an obscene meaning, are considered in poor taste, are likely to be offensive or threatening based upon factors including, but not limited to, color, creed, disability, ethnicity, gender, national origin, race, religion, politics, or sexual orientation; that harass, humiliate, or disparage a specific individual, group, or entity; are inflammatory; are demeaning to the horse or Thoroughbred breeding or racing.



- Among the names not allowed are those names of winners in the past 25 years of grade one stakes races or:
 - Horses in racing's Hall of Fame, voted Horse of the Year, won an Eclipse or Sovereign Award, or are the annual leading sire and broodmare sire by progeny earnings or cumulative money winners of \$2 million or more.
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Tips from EMT Dressage Pro Could Save Lives

BY JENNIFER O. BRYANT

Courtesy of U.S. Dressage Federation www.usdf.org © U.S. Dressage Federation

I keep an equine first-aid kit and reference book in my tack trunk. I have apps and websites at my fingertips that I can consult if a horse gets sick or injured. I'm sure you, conscientious horse owner, do the same.

But the first time that I watched a rider fall off and lie motionless on the ground as her loose horse raced around the arena, I felt paralyzed with fear because I didn't really know what to do.

That rider wasn't seriously hurt, but unfortunately, that's not always the case. Horse-related injuries are more common than we equestrians would like to believe, and riding is statistically among the most dangerous sports. If someone at your barn had a medical emergency, would you know what to do?

Helping equestrians be prepared for such an event was the goal of emergency medical technician (EMT) Gwen Kaawaloa, who gave a talk on the subject at the 2022 Adequan®/USDF Annual Convention in Lexington, Kentucky. Kaawaloa, a critical-care technician at Parker (Colorado) Adventist Hospital, is also a longtime dressage rider, judge, and trainer who received the 2022 USDF Volunteer of the Year award at the convention.



Gwen Kaawaloa
Photo courtesy of U.S. Dressage Federation

KEY THINGS YOU NEED TO KNOW IN CASE OF A MEDICAL EMERGENCY

DON'T MOVE THE PERSON IF YOU DON'T KNOW

WHAT'S WRONG. You could make an injury worse.

WHEN IN DOUBT, CALL 911. EMTs have the training and equipment to deal with all kinds of medical emergencies, Kaawaloa said. Plus, "They have pain medication!" she said. Don't assume that a person who looks OK on the outside is indeed unhurt. Internal injuries aren't always obvious, Kaawaloa cautioned. "Call 911. They have diagnostic equipment."

"IF YOU MUST DRIVE THE PERSON, NEVER BYPASS A FIRE DEPARTMENT," said Kaawaloa. "They have paramedics."

KNOW WHAT YOU HAVE ON HAND AT THE BARN THAT CAN BE USED FOR FIRST AID. "Polo wraps, or standing wraps with pillow wraps, are good for stopping bleeding," Kaawaloa said. A riding crop or shorter whip makes a good splint if you suspect a broken bone—but be sure to "apply with Vetrap; don't use duct tape. Duct tape can pull the skin off when it's removed, especially in older people." You can also splint a limb by encasing it in a thick magazine and taping in place.

Although potentially harmful if used incorrectly, an emergency tourniquet can be an effective method of controlling severe bleeding, Kaawaloa said. A stirrup leather can work well, as could a small halter or a lead rope tied over a polo wrap.

ADD THESE TO THE LIST. "Trauma shears are excellent for cutting off bandages," Kaawaloa said. "Every horseman should have trauma shears in the barn." They're readily available from Amazon and other sources.

Horse people may acquire inexpensive stethoscopes from various sources, but a decent one is much more useful, said Kaawaloa.

Kaawaloa also encouraged facilities to invest in automated external defibrillators (AEDs). These devices can deliver an electrical shock to restore the heart's normal rhythm in the event of sudden cardiac arrest. "They are extremely easy to use and can save lives," she said.

KNOW HOW TO CONTROL BLEEDING. "First, try applying pressure to the wound with your hands," Kaawaloa said. Then apply a dressing to the wound and press. The most drastic means is an emergency tourniquet, as discussed above.

RECOGNIZE SIGNS OF CONCUSSION. If the person is unconscious after a fall, assume a traumatic brain injury (TBI). But even someone who remains conscious after an impact to the head may have sustained a concussion. Red flags, per Kaawaloa:

- *Repetitive questioning.* The person asks the same question multiple times, even after you've answered the question.
- *Inability to remember the incident.* If the person can't remember how they ended up on the ground, chances are they suffered a concussion.
- *Physical symptoms.* Nausea or vomiting, a severe headache, dizziness, or vision problems.
- *Helmet damage.* Scratches, dents, cracks, or breaks offer proof that the wearer's head impacted the ground. However, cautioned Kaawaloa, the lack of obvious damage does not mean that the helmet did not sustain an impact. And always replace a helmet after a fall, even if it looks OK on the outside.

If there is any suspicion of concussion, call 911, Kaawaloa said, because "the person needs a CAT scan" to determine whether brain damage occurred and to what extent. And be aware that severe pain can make a person lose the ability to maintain a train of thought in a conversation similar to that exhibited in a TBI.

BE AWARE OF ANY PREEXISTING HEALTH CONDITIONS.

"If someone in the barn has a condition, such as a heart condition or a seizure disorder, everybody in the barn needs to know that," Kaawaloa said. "You need to call 911 for these people" if they get injured." Know where they keep their inhaler or any other rescue medications or devices that they carry with them.

INFORM AND PREPARE. In the event of a medical issue, how easy would it be to locate the person's emergency contact, health conditions, list of medications, and so on? Kaawaloa recommends making a list of key information—names, birth dates, emergency contacts, known allergies, and medical conditions—and posting it "somewhere so everybody can find it."

For occasions when riders venture outside the arena, they should carry this information with them. "My students wear U.S. Eventing Association medical cards when they go trail riding," Kaawaloa said. The large cards are worn in armbands for visibility. Medical ID tags, such as Road ID wristbands or Medic Alert bracelets, "are good, but a card is best" because no cell phone signal or internet connection is required to access the information. Similarly, "QR codes don't always work" because they can become obliterated.

TAKE A CPR COURSE. CPR (cardiopulmonary resuscitation) is an emergency lifesaving procedure whose purpose is "to keep blood going to the brain" when the heart has stopped beating, Kaawaloa explained. When CPR is performed until trained medical personnel arrive, the chances of successful resuscitation are increased. Find a course through the American Heart Association, she recommended.

KNOW YOUR FARM'S ADDRESS. Telling the 911 operator to send the ambulance to ABC Acres won't do much good. Make sure everyone knows the property's correct, complete street address.

SILENCE THE SIRENS. "Tell the 911 operator to have the ambulance come in silent if horses are present," Kaawaloa advised. "We don't need to cause another accident."



Gwen Kaawaloa demonstrates the use of a riding whip as a splint for a broken arm.
Photo Courtesy of U.S. Dressage Federation

U.S. Eventing Association medical cards fit into armbands.

Photo courtesy of U.S. Eventing Association



SUMMER SORES

BY MICHELLE BEKO, DVM

While small strongyles are the main parasites around which we design our parasite control programs (*Horse Journal*, Winter 2022), other parasites occasionally cause trouble for our horses. One of these is *Habronema*, which can cause skin problems commonly referred to as summer sores.

Found in most parts of the world, the adult worms of the three different species of this nematode live in equine stomachs, where they do not seem to cause problems to the horse's digestive tract. The adult worms lay eggs that pass with the horse's manure. These eggs can be ingested by fly larvae (maggots). Then the eggs develop into infective larvae in the fly and migrate to the fly's mouth. If the fly then lands near a horse's mouth, the horse will inadvertently ingest the larvae allowing them to get into their stomach and mature into an adult worm, thus completing the life cycle.

Problems arise when the fly lands elsewhere, such as on a wound, near the horse's eyes, ears, or on the end of a male horse's penis. The *Habronema* larvae can cause sores in these locations, which can appear rather suddenly and often look like proud flesh. They may be itchy. Many will have so-called "sulfur granules," small yellow nodules in the lesions caused by dead larvae and acting as a helpful diagnostic clue.

Diagnosis can be based on the clinical exam alone, especially if the yellow granules are present or by biopsying the lesion. Squamous cell carcinomas, a type of skin cancer, a wound with proud flesh, some sarcoids, another type of skin cancer, and a few other uncommon diseases can look a lot like summer sores.

All horses housed together in a stable or pasture would be exposed to the parasite. Yet it usually only shows up in a small number of stablemates, likely because there is an allergic component to summer sores.

Treatment usually involves deworming with ivermectin or moxidectin. Large lesions may need to be surgically debulked or partially removed. Some horses will need topical or oral corticosteroids (hydrocortisone, prednisolone), and some horses' summer sores will regress with no treatment.

Prevention can include deworming all horses on the premises in early spring before the parasites pass eggs. Fly control is also helpful. Fortunately, affected horses are not sickened in any way.



Lips suffer from a summer sore.
PHOTO BY TRACY MATTSO

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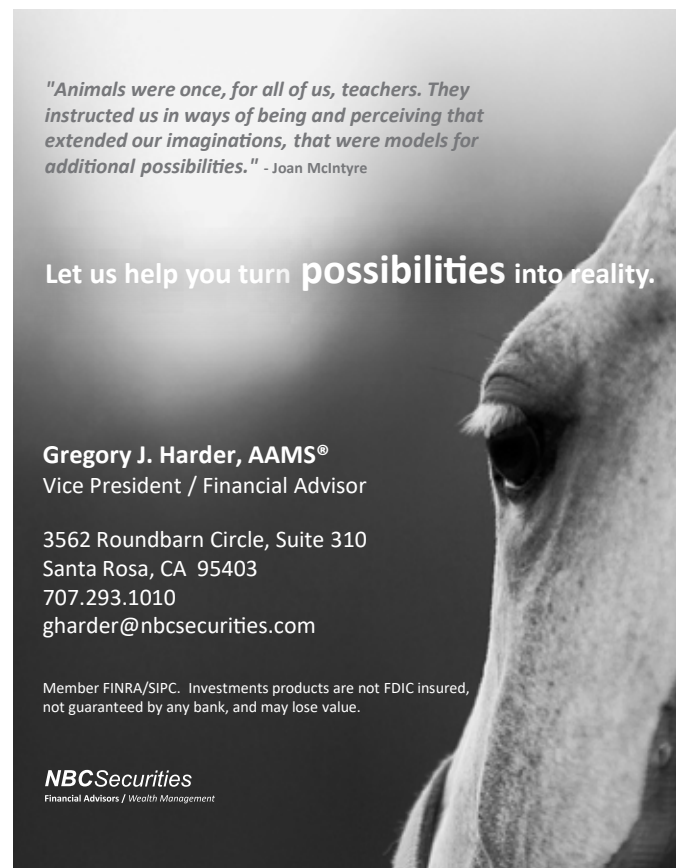
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GONE AWAY



Robin Klaus peacefully passed away May 22. He and his wife Patricia proudly developed and managed the beautiful horse facility Hawkwood Hill Farm in Chileno Valley, Petaluma.

Robin was born in 1943 in Oconomowoc, Wisconsin. His father immigrated in the late 1920s from Allstedt, Germany, where his family owned a farm dating back to the 17th century. His mother was born in London, giving Robin the credentials to proudly say that he was a first-generation immigrant. He and Patricia had two sons. Ian is married to Laurie Richardson and Evan to Julie Guariglia. Both couples have two children.

Robin earned a bachelor's degree from American University, a master's degree in international economics from the University of Pittsburgh, and an MBA from Stanford University Graduate School of Business.

His extensive career saw him as president and chief operating officer of Startrac from 1990 to 2001. Under his direction, the company grew from \$2 million to \$110

million in revenues. He was managing director of Planet Fitness Singapore from 1997 to 2008. From 2003 to 2007 and then from 2011 to 2014, he served as chief executive officer of San Francisco fitness club company Club One with over 100 club sites, including one in Petaluma.

"Robin was larger than life... his wit, his zest for life, his humor, and his wonderful laugh made him a delight to be around," recalls Tana Rosenblatt, long-time Hawkwood boarder and friend. "We had many memorable days at the farm galloping around the fields, jumping and laughing, having cocktails at the pond, copious summer meals in the garden, clearing trails, and then jumping in the pond to cool off, followed by more cocktails, then outdoor dinners, often into the wee hours of the night, and even sharing exercising challenges to stay fit. He enjoyed challenging people to be their best physically and mentally. He was a special person I am so blessed to have called my friend for almost two decades - what a gift!"

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- Inform the public about horse community goals and projects
- Support private and public equestrian facilities and local clubs
- Promote all aspects of the equine industry

WHEN WE EQUINE ENTHUSIASTS SPEAK WITH ONE VOICE, WE ARE VERY POWERFUL. JOIN THE MOVEMENT.



Sonoma County Horse Council
 THE SCHC IS A NON-PROFIT ORGANIZATION

GONE AWAY

Kind and compassionate, loyal, and dedicated are just a few words to describe **Lynn Newton** of Forestville (April 5, 1948 – March 21, 2023), who passed away unexpectedly at her home. Among her many friends and fans, those of us at the Sonoma County Horse Council and the *Horse Journal* relate this news with a heavy heart.

For 14 years, Lynn served as the graphic designer for the *Horse Journal*, never missing an issue and even taking over as editor for one issue when unexpected circumstances left the magazine without a captain.

"It was my pleasure and such a joy to know Lynn. She was always so positive, kind, and quick-witted! A mutual friend once told me he would sometimes call

produce the Earlefest. For 10 years, Lynn was coordinator/organizer, working closely with CEO Allan Brenner and Bill Barker of the KRUSH radio station, making lists and lists to keep track of everything from the name badges to water bottles used to what each performer needed. I have lots of fond memories of her," recalled Patricia Jefferson, Earle Baum Center of the Blind.

"The horse council was so lucky to have Lynn Newton in our stable, making the *Horse Journal* a great-looking resource for Sonoma County's horse lovers. To readers she might have been invisible; to writers she seemed unflappable; to the horse council, she was invaluable. We can still see Lynn's work, years of



her just to hear her cheery voice. Indeed, Lynn's sparkling demeanor would always put a smile on my face," related Sahar Bartlett, vice president, Sonoma County Horse Council.

"I truly enjoyed Lynn. And she really enjoyed the work she did for the *Horse Journal*," said Patrice Doyle, former editor of the magazine. "We had many a good laugh over the years, that is for sure."

In the community, Lynn is remembered for her love of Americana music, which she showcased at the Earlefest, a fundraiser she helped organize for Santa Rosa's Earle Baum Center of the Blind.

"Lynn was a wonderfully talented, fun, generous friend to all at the Earle Baum Center of the Blind. She worked her heart out for months each year to help us

Horse Journals accessible on the council's website, but many of us will miss hearing her voice over the phone and seeing her ever-present smile," remarks Elizabeth Palmer, secretary, SCHC board of directors.

"I am grateful for the opportunity to have worked with Lynn Newton on horse council marketing projects. She was delightful, upbeat, creative, responsive, thoughtful, and caring, with a spry sense of humor. She will be sorely missed," said Laurie Waissman, marketing, Sonoma County Horse Council.

Lynn was born and raised in Pittsburgh, Pennsylvania, and attended a private Quaker high school George School, Newton, Pennsylvania. She graduated from the University of the Pacific in Stockton with a degree in psychology.



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