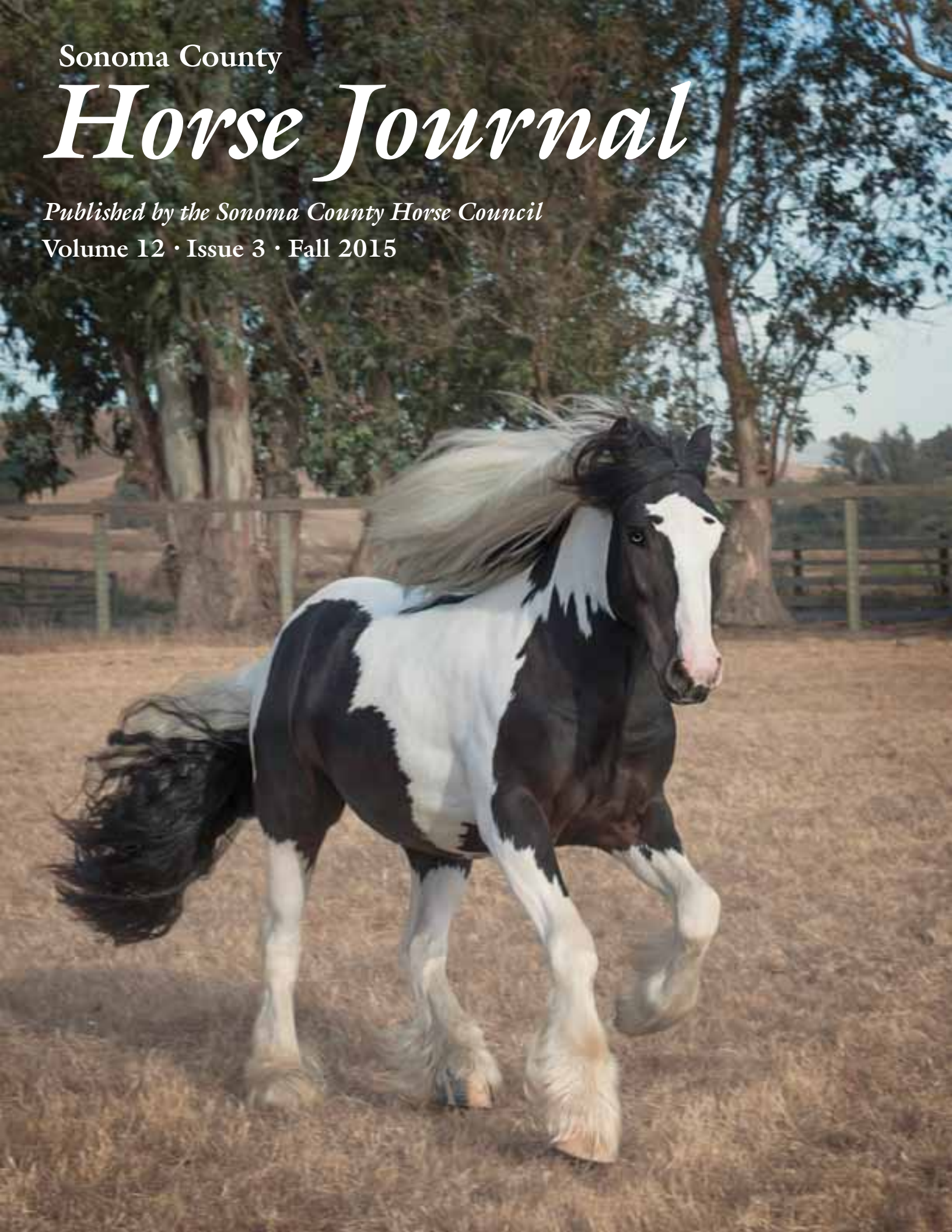


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# *Horse Journal*

*Published by the Sonoma County Horse Council*

Volume 12 • Issue 3 • Fall 2015





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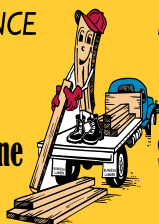
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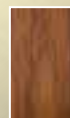
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## Sonoma County

# Horse Journal

Volume 12 • Issue 3 • Fall 2015

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## Inside this Issue

A Message from the President	2
Sonoma County Horse Council at Work—Horse Cabinet Update	3
The Equine Esquire—Boarding Contracts	4
Horse Husbandry—We are a Motley Crew	6
Readers Write—MRIs	7
Readers Write—Teaching Horses Teaching Us	9
Readers Write—The Senior Rider: Counting Your Blessings	10
Vet's Office—Pigeon Fever	11
Readers Write—Love Your Neighbor	12
Readers Write—Farrier Education Clinics with Mark Caldwell	13
Readers Write—Words Matter	14
Readers Write—A Thank-You Letter to my Horse	16
From the Judge's Booth—What is Abuse?	17
Readers Write—Dealing with Frustration	19
Readers Write—Obstacles	20
Sonoma County Events	21
SCHC Membership Form	22
Advertising Specifications & Rates	23



Cover Photo: Marcie Lewis

On the cover is Freeland's Gypsy Legend (a.k.a. "Johnnie Fay") owned by Camilla Gray-Nelson of Dairydell Canine Training in Petaluma.

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Elizabeth and Greycie

## President's Message

Please join the Sonoma County Horse Council in Bodega Bay on October 16, 2015. We will be dedicating a beautiful redwood sign acknowledging your Horse Council's improvement of the trailer parking area on Bay Flat Road. The volunteer efforts to improve this popular parking spot began over ten years ago and continued into 2014. Longtime SCHC leaders Ed Weber and Karl Bastian

worked diligently and recruited others to transform the rutted, overgrown lot into a spacious, level parking facility that can accommodate numerous horse trailers. As a result, the scenic Bodega dunes and Pacific shoreline are safely accessible for equestrians. This accomplishment will be memorialized by a striking 4' by 6' redwood sign acknowledging the Horse Council's role in the transformation. The sign itself is the product of collaboration between many horse enthusiasts. In addition to Ed Weber, we thank: Carol Bollum for the sign's design; the Mabie Foundation and Sonoma County (Supervisor Efrén Carillo) for sharing the cost of the sign; and Burgess Lumber for donating the installation. All of you can donate cheers at the ribbon-cutting! We hope to see

you on October 16th at noon on Bodega Flat Road.

The recent wildfires in Lake County caused chaos and great hardship, both of which are very much in mind as the SCHC presses forward to implement a community-wide equine emergency preparedness plan. We are working in partnership with U.C. Davis' Center for Equine Health and the Sonoma County Office of Animal Care and Control on a plan that is based upon San Diego County's experience evacuating and sheltering thousands of equines during wildfires in 2003 and 2007. The plan will be integrated with, and overseen by, Sonoma County's Office of Emergency Services. The first stage of this plan involves training Sonoma County's first responders in equine rescue techniques and is tentatively scheduled to begin in spring 2016. Later phases of the program will include training and certifying local volunteers to work within the County's emergency response system to assist in emergencies that involve equines. We will continue to provide information and opportunities to participate over the next few months.

The Sonoma County Horse Council is committed to the health and well-being of horses and equestrians in our community. There are many ways you can become involved. The first step is to join the SCHC. For membership information visit:

[www.sonomacountyhorsecouncil.org](http://www.sonomacountyhorsecouncil.org)

Elizabeth Palmer

*President, Sonoma County Horse Council*

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*Sonoma County Horse Council at Work***Horse Cabinet Update**

By Greg Harder, SCHC Board of Directors

Hello Friends.

We had a great June cabinet meeting! Our guest speaker brought an unusual blend of passions—a love for horses and geology. Sarah Lockwood, P.G., of Earth and Equine, gave us a great, scientific presentation, *The Plight of the American Wild Horse: Past, Present, and Future*. I love it when the material is based on science. Sarah is a local holistic horse trainer and a professional geologist who also offers consulting for horse and country properties.

The presentation's emphasis was that the Bureau of Land Management (BLM) is managing the wild horse population as a non-native species, and although they are federally protected and managed, the horses are not being afforded native species protections. Many of us in the North Bay understand sensitive and occasionally divisive environmental issues, especially those regarding an area's 'native' species. Well, our current species of horse, *Equus caballus*, originated in North America around 5,000,000 years ago, and its earliest ancestors originated here around 55,000,000 years ago. Don't know about you, but that's enough for me to think it's native.

Sarah presented data indicating that our wild horses should be considered native.

The BLM's current herd management practice gathers herds, adopts some out, and feeds alfalfa twice a day to the horses that remain in their feedlots. This strategy's annual costs are about \$75,000,000, an unsustainable strategy. Sarah's presentation shared a possible solution of which the BLM is already aware, but which the agency has continually resisted implementing: the use of porcine zona pellucida, commonly referred to as PZP.

PZP is a non-hormonal, reversible, contraceptive vaccine administered to selected mares to limit the number of offspring in each herd. The vaccine is EPA approved and has been successfully used in wild horse herds (and many other species) across the world since the 1980s. Specially trained practitioners administer the vaccine by dart on the range. Studies have shown its use to be overwhelmingly effective. The vaccine is produced by the Science and Conservation Center, a Billings, Montana 501(c)(3) non-profit research laboratory. For me, the most staggering fact (I'm a financial advisor) is that the BLM's current management techniques average \$1,700/head, plus feed (all ages, males and females). Contrast that with PZP application and record keeping at approximately \$110/head (selected females only). That suggests to me the BLM's need to implement different a different herd management approach.

Sarah's presentation included the scientific data substantiating those PZP-related outcomes. I strongly urge you to visit Sarah's website, [www.earthandequine.com](http://www.earthandequine.com), to read the information and find out about Sarah's other services. She has extensive experience working directly with mustangs over the last thirteen years and specializes in holistic gentling techniques.

Happy Trails.  
Greg Harder

*Please see Sarah Lockwood's article on page 14 of this issue!*

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Rates on page 23



## The Equine Esquire

Column editor Patrice Doyle, Attorney at Law, Board of Directors

# Boarding Contracts: Whether You are a Farm Owner or a Horse Owner, a Well-Written Boarding Contract is Essential

Whether you are a facility owner/operator, or a horse owner boarding your equine, everyone benefits from a well-written boarding agreement. Failure to put in writing the responsibilities of each party, and descriptions of the remedies in the event either party breaches the agreement, only leads to heartache, severed relationships, and the potential for costly litigation.

While the specific terms of the boarding agreement may vary, every boarding agreement should have at least the following provisions:

- **Identify the Parties** – State who the parties are, including: 1) the name of the facility; 2) the name of the boarder/owner; and 3) addresses and contact information of the parties.
- **Identify the Horse(s)** – Provide details regarding the horse to which the contract pertains, including: name, breed, registration number (if applicable), proof of the horse's owner of record, the boarder's authority to control the horse, and a physical description. Current color pictures of the horse and a description of the horse's physical condition.
- **Terms and Conditions** – State what each party is expected to do for the other party, such as the following:
  - **Dates** – A description of the duration of the Agreement, including the date the contract becomes effective, the date the contract ends (if for a fixed period), or if the term is month to month. If the contract is month to month, it automatically renews, and the parties will continue to be bound by the terms of the original contract until the contract is terminated.
  - **Emergency Contact Information** – This must include information about "who" and "when", meaning, list the owner and an alternative emergency contact, as well as the name and contact information for the boarder's preferred vet and farrier. The "when" part is not so straightforward. In the event the boarder cannot be reached, the contract should give the facility authority not only to contact a veterinarian on the boarder's behalf, but also authorize appropriate veterinary care. The facility owner and boarder should agree on how the emergency veterinary care is paid.
  - **Equine Insurance Information** – If the horse is covered by an insurance policy, that information should be detailed by the owner in the boarding contract. Most insurance companies require notification when an insured horse is injured or dies. Coverage may be void if notification is not given. It is critical that the boarding contract state which party has the responsibility of contacting the insurance carrier.
  - **Services/Fee Schedule** – This is a description of the fees the

boarder owes to the boarding facility in exchange for the services rendered. This may be a flat rate per month, or it may include a menu of additional services that can be selected by the boarder and provided by the facility, such as: grooming, blanketing, lunging, turn out, worming, applying fly spray, etc. Describing these expectations helps to avoid disputes over services and corresponding costs.

- **Payment** – A description of when fees are due, grace period for late payments, how payment should be made, and any provision allowing the facility to charge interest (specify the interest rate, such as 1.5% per month) for overdue bills should be included.
- **Contract Termination** – Specific details on how the boarding contract comes to an end. Typically, boarding contracts require written notice at least 30-days in advance if either party intends to terminate the contract. The contract should also allow for termination if either party violates the terms of the agreement.
- **Remedies** – An explanation of the steps that will be taken to cure a default, including where notice of breach will be delivered.

In addition, it's important for the parties to contemplate the following for their boarding contract:

- Health and vaccination requirements, and proof thereof;
- Out of pocket costs for which the boarder is responsible;
- Whether the boarder can bring in an outside trainer to give the boarder lessons or work with the boarder's horse;
- If the facility has rules not included in the boarding agreement that need to be referenced/acknowledged;
- Protections for the facility such as indemnity and hold harmless provisions;
- Facility's retention of a security interest in and/or lien rights

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to the horse in the event of non-payment by the boarder;

- Utilizing dispute resolution such as mediation can be highly successful and cost effective; and
- Provisions for attorney's fees and costs.

Lastly, a contract is only legally enforceable against the parties who agree to be bound by its terms and conditions. Therefore, the boarding contract must be signed and dated by the facility owner, boarder/horse owner, or those persons with legal authority to sign.

In sum, the facility/boarder relationship deserves a carefully written contract which contemplates the needs of the both parties. Boarding facilities should provide a written contract for customers. Horse owners should obtain a written contract, or offer one if the facility generally does not utilize written boarding agreements. Any objections to utilizing a written boarding contract are far outweighed by the protections it provides to the parties.



*Patrice Doyle is a senior attorney at Kornblum, Cochran, Erickson & Harbison, L.L.P., and has been an avid horsewoman since childhood. She can be of assistance in guiding you through equine-related legal issues. Contact her at (707) 544-9006 or [www.kcehlaw.com](http://www.kcehlaw.com).*

*The above article is not intended to be legal or financial advice. Readers should seek legal counsel regarding their particular circumstances.*



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## *Horse Husbandry—The Occasionally True Tales of a Local Horse Husband* Column editor Mark Krug

### We are a Motley Crew

If you have not read the Sonoma State University [Report on the Economic Impact of Equestrian Activities in Sonoma County 2014](#), it is worth a look. It is on the Sonoma County Horse Council website. The gist of it is that there are over 25,000 horses in this county, and this state of affairs generates direct and indirect spending over \$613-million annually, supports 7,700 jobs and provides nearly \$12-million in local tax revenues to Sonoma County every year. Importantly, most of this money-flow is, and remains, local. Folks, these are big numbers; we are a seriously big deal!

However, what the economic report does not cover is how much horse people are balkanized, a ten-dollar word meaning we are divided and perhaps a wee bit hostile to one another at times. Let me explain.

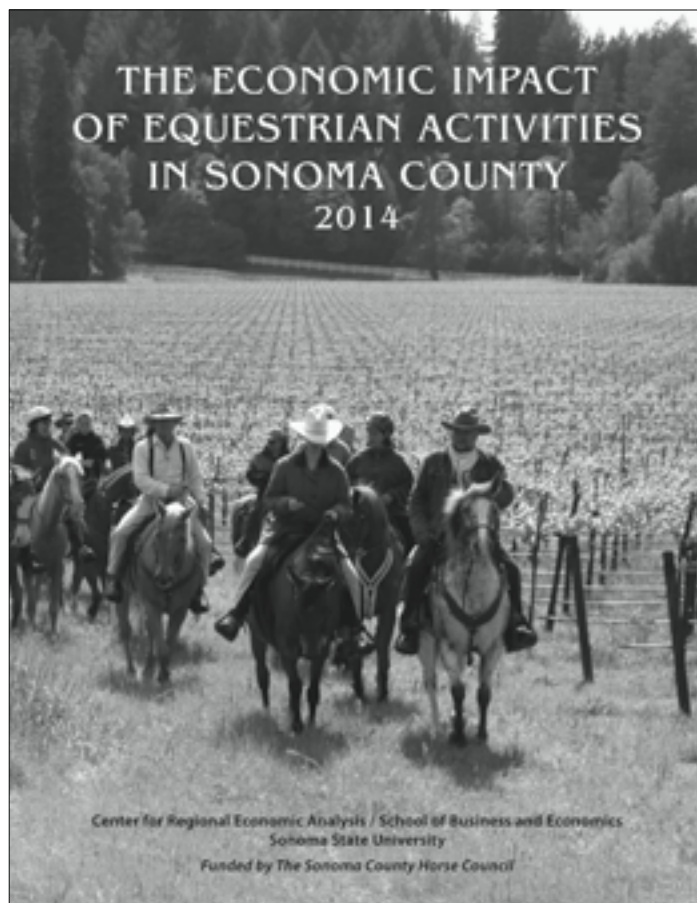
Let us suppose you are a weekend cowboy into team penning. There is a good chance you find dressage incomprehensibly silly. You and your penning pals never miss a chance to make fun of dressage queens (DQs) and their little riding outfits: "Seriously dude, they actually wear ascots and tailored jackets to ride their horses around in circles in the arena!"

However, the DQs think your sport of chasing and harassing cows while you're dressed-up like John Wayne is darn silly too. Any of us can run down the list of equestrian disciplines and easily poke fun at the stereotypes and apparent silliness of each activity. Even trail riders like myself, I am saddened to say, can be targets. Since we don't wear costumes, we dodge the riding apparel ridicule, but, to many serious riders, trail riding does not really count as a discipline because there is no competition, no way to measure skill and ability. We're like putt-putt golfers compared to real golfers.

The vast majority of the time, this stereotyping is just ribbing and good-natured rivalry. There is, perhaps, a cost to this—the power of our collective voice is weakened. Going back to the SSU economic study, we can ferret out that there are about 12,000 of us horse people in Sonoma County—horse owners, service providers, equine business owners and volunteers. Combine that figure with the \$12-million in local taxes paid annually by our industry and we have serious influence with local government policy making and resource allocation.

But we squander it.

I retired recently from 17 years of local government employment in this county. I know from repeated personal experience that a modest number of people, if organized and articulate, can be very influential in government decision-making. This is where our balkanized state hurts us. We generally lack organization, and where it does exist, it tends to be around our discipline or riding club affiliation. Perhaps because of our ribbing and good-natured rivalries, we focus more on our differences than our commonalities.



The resolution to all this is quite simple, really: join the Sonoma County Horse Council. When a Horse Council board member or other Council representative meets with a local official, or testifies at a public hearing, the larger the membership represented, the more clout the membership possess. It is that simple. We are numerous and we have economic power, but we cannot convert that to political power without some organization, and that really is a prime purpose of regional horse councils.

One equestrian stereotype I have developed, regardless of a specific discipline, is that we seem to be fiercely independent, rather opinionated types. This independence streak may aid us in the riding arena, but harms us in the political arena. So maybe Groucho Marx was thinking of horse people when he said, "I don't want to belong to any club that will accept people like me as a member."

***Don't be a Groucho, join the Council!***

*Mark lives in Santa Rosa with his wife Cheryl, a former Dressage Queen, and, with his gelding Tucker, regularly rides the local trails. He has also been known to putt-putt golf, as well.*



## Readers Write

### MRIs

By Rebecca Riley, DVM

Does the idea of sending your horse into the hospital for a standing MRI seem intimidating? It doesn't have to be. Let's explore standing MRI and address a few common misconceptions.

#### **Misconception #1: MRIs are dangerous.**

Magnetic Resonance Imaging (MRI) utilizes a magnetic field to image the tissues of the body. That's right, it's a magnet, like the ones lurking on your refrigerator door. Certain molecules within your body and your horse's body actually produce their own magnetic field. When they are placed inside a more powerful magnetic field, like MRI, those molecules align with the larger magnetic field, like a compass needle aligns with the earth's magnetic field and points north. Amazingly, this process cannot be felt and there are no deleterious effects. Adjusting the larger magnetic field and recording how magnetic molecules in the tissues respond create magnetic resonance images. "So," you ask, "is that safe?" It's as safe as opening your refrigerator door.

Unlike radiographs, MRI doesn't generate radiation. The primary safety hazard of MRI is that it utilizes a powerful magnet, and magnets attract metal. In human medicine, metal implants, pacemakers, and other attached or imbedded medical items are common in patients and could pose a risk to a person undergoing MRI. These are much less common in our equine patients and are screened for prior to the horse undergoing MRI.

#### **Misconception #2: MRI requires anesthesia.**

The most common type of MRI utilized in equine veterinary medicine is a standing or low field MRI. For this type of MRI, the horse is sedated and stands with the lame leg in the magnetic field. The horse does not become unconscious at any point during the MRI. This is true of the new Hallmarq MRI unit at Circle Oak Equine in Petaluma.

#### **Misconception #3: MRIs are only useful for the hoof.**

The equine hoof wall makes it impossible to definitively diagnose certain soft tissue injuries without MRI. MRI has enabled equine veterinarians to accurately diagnose injuries that were previously only assumed to be the cause of lameness. There are many injuries



*A patient undergoing a front limb MRI at the new Circle Oak Sports Medicine facility*

outside of the equine hoof, however, including some suspensory ligament injuries, which are more accurately diagnosed using MRI when compared to ultrasound imaging.

#### **Misconception #4: MRIs are only useful for soft tissue structures.**

In fact, one of the most common findings on MRI is a bone bruise. Most horse owners have been trained that bone conditions are diagnosed with radiographs, but a bone bruise cannot be seen on a radiograph and is often a cause of a chronic lameness which has been difficult to diagnose and treat.

#### **Misconception #5: MRIs are expensive.**

Opting for MRI often saves horse owners money by providing faster, definitive diagnoses, accurate treatment plans, and a more rapid return to performance, but it is also true that MRI is expensive. The cost of purchasing and maintaining a diagnostic magnet is high, which drives up the cost of MRIs. This is true in human medicine also, where the cost is underwritten by medical insurance. Whether your horse is insured or not, MRI is a powerful tool that should be considered when recommended by your veterinarian.

So, sending your horse in for MRI doesn't have to be intimidating. As with all diagnostics, the goal of MRI is to achieve an accurate, definitive diagnosis, get your horse sound, get you back in the saddle and riding as soon as possible.

*For more information on equine MRI please email Dr. Riley at [driley@circleoakequine.com](mailto:driley@circleoakequine.com).*

*Dr. Rebecca Riley is an equine veterinarian who graduated from UC Davis in 2012 and is an associate at Circle Oak Equine Sports Medicine in Petaluma, California.*



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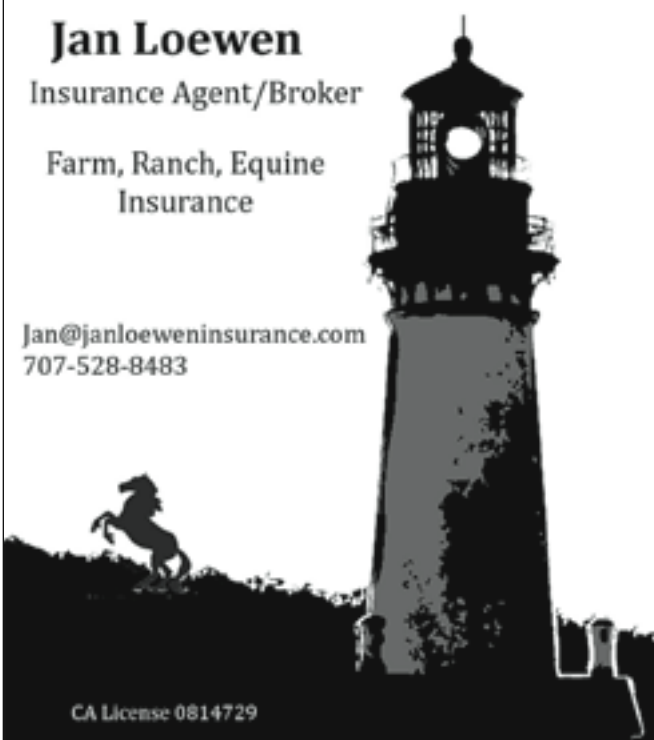
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## Readers Write

# Teaching Horses Teaching Us

By Lisa Lombardi

As the final days of summer camp wind down, I can only think of how thankful I am for my equine partners, who will wonder tomorrow where we have all gone. They are just as happy and willing to interact with campers today as they were in May. Although I often hear firsthand about “lesson horse burnout,” my experiences have been that lesson horses improve year after year, well into their 20s and even 30s. What follows are a few thoughts for creating and maintaining safe lesson horses for everyone.

### Preparation

A lesson horse needs consistency and a routine, so the horse can relax and know what to expect. A horse with good ground manners is easier to handle and makes for less argument in the saddle. The horse needs well-fitting tack and proper foot care to be comfortable. Check for stiffness, injuries, illness, ticks. If a horse is fresh, lunge it prior to the lesson. Does he need to roll? Is he hungry? Ensure the horse is able and present for the lesson, physically and mentally.

### Lesson Planning

Take the time to know each lesson horse and how each best fits into the program. Consider the horse's physical, mental and training level when asking for tasks and keep lesson plans flexible and adjustable. Take weather and other environmental factors into account. Set up the lesson to be successful by matching the rider to the horse's personality, physical characteristics, etc., and only ask the horse-student combination to do tasks that can be completed according to skill, energy, and time. Instead of drilling, horse and rider, add variety such as obstacles, games or a trail ride.

### Execution

Know each horse's strengths. If the horse has side-to-side sway to its trot, use that to teach posting on a correct diagonal. Also, to eliminate frustration, if the horse is bouncy, teach posting first. If the horse prefers a right lead, teach the right lead first. If the horse is calmer in the afternoon, use that horse to teach a beginner later in the day.

A beginner student may



*Lisa Lombardi with four of her lesson horses waiting for the next group of campers (tenth week of summer camp).*

benefit by lunging the horse, or from one-on-one instruction to focus on moving with the horse and keeping hands quiet. These can prevent the rider from giving confusing signals to the horse or being rough, and preserves the horse mentally and physically until the rider improves.

Teach the student to pet and respect the horse. Allow zero name calling, blaming of the horse and have the rider be responsible for positive communication with the horse. Communication between horse and rider should first be subtle, then pressure should gradually be increased as needed for follow through. Release pressure the moment the horse responds.

Keep the lesson upbeat, happy, playful and positive. Reward small increments for both horse and rider. The horse's training will automatically increase as the student's equitation and communication improve. When the focus is on prevention, correcting problems becomes unnecessary.

### Conclusion of the Lesson

Ask students a positive question such as, “What do you like best about the horse you just rode?” or “What did you learn from your horse today?” Ensure that horse and rider leave the arena on a positive note. Take the time to thank, acknowledge, and appreciate the horse each day with a gentle stroke, a favorite treat, and a fresh bed of shavings. Provide something that the horse truly enjoys.

Create a horse that is enjoyable to ride and handle because it wants to please. In reality, every horse is a lesson horse, because each horse teaches us.

*Lisa Lombardi is an SRJC equine science instructor, CHA Master Instructor, PATH, Ceip-ed certified, and has taught professionally since 1987. Lisa's 24-year-old lesson horse, Ten-Thirty, was Sonoma County's 2013 Equus Award winner, 2011 and 2012 CHA international school horse of the year runner-up. She currently owns 8 horses.*



*Halloween Dressage Show*





## Readers Write

# The Senior Rider: Counting Your Blessings

by Laura Baker

In most sports athletes are deemed over the hill by the time they approach middle age. The beauty of being a rider is that you can continue to ride well into your senior years. Making your age work for you is a life skill that can only get better with practice. What's so good about getting older and how can you make that work for you? If you're silver-haired like me, there's no better time than the present to take stock and count the blessings of aging. The glass is half-full, not half-empty.

For starters, you've probably had a lot of experience, which is a huge benefit. Older riders have been around the barn. You've committed yourself to the lifelong study and pursuit of horsemanship, so you know what's involved in taking care of your horse, from knowing how to pick out feet, to when the vet should be called. On the ground, you've learned the ropes of your sport, watched innumerable rides and riders both good and bad, trained your eye so that you can occasionally spot subtle lameness or appreciate a walk that earns a ten in the dressage show arena.

Experience also improves judgment. You've learned that, as with any partnership, your horse's temperament should suit your own, and temperament isn't something that can be changed. Not every senior rider needs a steady Betty or Eddie, but most senior riders—including professionals—come to appreciate the gift of a horse with a willing nature. That brilliant horse may have gaits to die for, but if he needs to be ridden perfectly to perform and your trainer ends up riding him because he frightens you, you'll pass on him because you've learned that you don't just ride a horse's gaits, you ride the full package.

Chances are compassion comes more easily to you. You know how it feels to have sore joints or stiff muscles, so when your horse is off, you're more willing to help your horse get more comfortable. You've also learned that if you're stuck at a spot in training, you're at least half the problem, so doubling the use of force only compounds the problem. Instead, you can use empathy to open your mind and move forward. In living long, you've likely developed crystallized thinking—the ability to tolerate ambiguity and uncertainty to solve complex problems over a long period of time. Is there any better description of the process of training a horse or learning to ride?

As for your body, you don't need to ride horses to know that you have to take care of yourself every day if you're going to feel good. If, however, you're going to climb up on 1,200 pounds of horse flesh five days a week, you've (hopefully) developed a routine out of the saddle of stretching, strengthening, and working on your balance, so that when you get into the saddle you're an agreeable,



*Kathy Carrick and Niko in a relaxed canter*

confident, and competent partner. That's just what athletes do.

Okay, mind and body? Check. What's left? If you've lived a life with horses, it's more than likely they have helped you locate your soul. Soulful living is learning to be in the moment, being fully present with your horse whether you're riding or just hanging out. Horses are always in the moment, it's all they know, which makes them experts at sensing whether you're with them or not. We humans sometimes need to age a bit, put a few years in before we learn how not to be distracted from what really matters. Sometimes, even as elders, we just need some help. That's when, by the grace of their nature, horses can show us that the glass isn't just half full, it's overflowing.

*Laura started riding in her forties with her daughter, Lily, who was seven. For twenty-seven years they've shared their love of horses and philosophy of horsemanship. They count themselves as truly fortunate to have had horses as their teachers and inspiration.*



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## Vet's Office

Column Editor Michelle Beko, DVM

# Pigeon Fever

The disease commonly known as pigeon fever is caused by an infection with bacteria called *Corynebacterium pseudotuberculosis*. Scientists believe this bacteria lives in soil. Horses get infected by flies that carry the bacteria on their feet or mouth parts and then land on a horse. Horses with wounds (especially fly sores on their bellies) are likely at slightly higher risk. It is much more common in western states, especially California, although in recent years, for unknown reasons, it has shown up in other areas of the country as well. Infections can occur any time of year but are seen most commonly in late summer / late fall.

The majority of horses that get pigeon fever will develop large, hard external abscesses. After the bacteria are introduced into the horse's body, the bacteria usually travel to a lymph node, which eventually abscesses. The most common sites for these abscesses are the chest at the base of the horse's neck (see photo), the ventral (lower) abdomen, and the sheath or udder, but abscesses can occur elsewhere. Some affected horses will appear sick or depressed because they have a fever and others will show very few symptoms other than having an abscess. The term pigeon fever arose because of the pigeon breasted appearance of horses with an abscess on their chest (you may need to use your imagination, but must admit it's better than trying to pronounce *Corynebacterium pseudotuberculosis*!).

Less commonly, horses can get internal abscesses, lymphangitis or, rarely, other infections such as folliculitis (infection of the hair follicle) or pneumonia. Internal abscesses may be in the horse's abdomen or chest. Most horses with internal abscesses will have a fever and some degree of weight loss. Lymphangitis is a diffuse infection of the lymphatic vessels in a leg. A horse with lymphangitis will have a swollen leg, a fever and usually a few small oozing sores.

Treatment of external abscesses can include hot packing and/or poulticing with Icthammol® or other drawing salves to encourage the abscesses to soften more quickly. Once they are soft enough

they can be lanced and drained. Most will eventually open and drain on their own, but lancing allows for capturing more of the drainage and proper disposal of it to lessen environmental contamination. Once the abscess is opened, it should be flushed a couple of times per day with an antiseptic such



Photo: Ellen Byers

*A classic case of pigeon fever*

as diluted Betadine® solution. Generally, antibiotics are not necessary with external abscesses. If used before an abscess is draining, they will just delay the maturation of that abscess unless used for a sufficient length of time. In most cases a treatment course of antibiotics would need to be at least three to six weeks, if not longer. It is rare for a horse to die from external pigeon fever abscesses.

Internal abscesses and lymphangitis do require treatment with antibiotics. Often a long course of treatment is necessary, especially for internal abscesses. The decision on when to stop antibiotic treatment in a horse with an internal abscess may be based on ultrasound of the abscess, sampling of peritoneal fluid (fluid in the abdomen), or blood work.

There are a few things we can do to help prevent our horses from getting pigeon fever. Fly control will likely help, as will promptly treating any fly sores or other wounds (I particularly like to use (pink) SWAT on fly sores) but, unfortunately, there is no vaccine. Attempts to develop a vaccine have so far been unsuccessful, and a vaccine which had received a conditional FDA license last year was pulled from the market shortly after it became available.

Horses with external abscesses don't need to be separated from the herd until their abscesses are open and draining, and then it is best to keep them out of communal areas; fly spray them and all others well. Any hay or bedding that had been contaminated can harbor the bacteria for approximately two months. These should be disposed of so that other horses are not near them.

Hopefully none of you will get any firsthand experience with this disease!



*Michelle Beko, DVM, has been an equine veterinarian since 1991. When not working, she enjoys spending time with her husband and daughter, eventing her horse Zeke, hiking, and travelling. You can reach her at Empire Equine at 707-545-3909, check her website ([www.empire-equine.com](http://www.empire-equine.com)), or on Facebook.*



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## Readers Write

## Horse Owners—Love Your Neighbor

By Michael Murphy

"Love your neighbor" sounds good, but when it's a neighbor who contacts Sonoma County PRMD (Permit & Resource Management Department), Fish & Wildlife, or Regional Water Quality, it may be hard to think, "Love." You may have experienced these issues before: too much dust; too many flies; smells; manure issues. Any notice to the PRMD about sediment or manure getting into a waterway is investigated as soon as it is received.

Sometimes there is no problem and the horse facility is in compliance, but some facilities get so caught up in daily feeding, cleaning, training, and exercising that simple solutions to avoid or fix problems are overlooked. For example, rain runoff from a 1,000-square-foot roof generates 600 gallons of water. That water needs to be directed away from manure areas. Keep clean water clean; direct water with gutters and down spouts to grassy areas so it perks down, instead of allowing it to flow over manure or through paddocks without vegetation.

ARE YOU READY FOR THIS WINTER? Remember, it is easier to love your neighbor when you don't give the neighbor reasons not to love you back. Consider these simple solutions to common issues:

- 1 – Store rock to be used as needed.
- 2 – Rock all gates, water troughs, and heavy use areas.

- 3 – Plant and mulch bare pastures, and remove horses from hill sides and wet pastures.
- 4 – Check all gutters and down spouts, repair any breaks and leaks.
- 5 – Keep horses out of creeks and off banks.
- 6 – Cover manure storage and compost.
- 7 – Monitor fields and ensure no manure or water running through manure is entering creeks or drainage.

The horse industry has come a long way in the thirty-five years I've been part of it. The county's general plan now has an update to the agricultural element that recognizes horses as being included in agriculture. The Santa Rosa Junior College (SRJC) completed the Warren Dutton AG Pavilion with a twenty-horse barn, two arenas, and culinary and winery areas. SRJC has a state certified equine education program.

The latest economic report's findings that our horse industry has a \$613-million annual impact on the county conveys the size of our local economic footprint. There are new parks throughout the county, as well as a turf track at the fairgrounds. All these accomplishments and programs speak well for the horse industry's future, and as we continue to work for even more positive results of our horses-and-agriculture economy, we all, as active, responsible horse owners, can respect our neighbors, be good stewards of the land, and protect the creeks and waterways.



*Michael Murphy is a Realtor and an equine environmental management consultant, former teacher of SRJC's course, "Horse Keeping—A Guide to Land Management for Clean Water," founding president of the Horse Council, and past president of the*

*Sonoma County Fair. He can be contacted at 707-332-1195, [m\\_murphy@sonic.net](mailto:m_murphy@sonic.net), and on the web, [MichaelMurphyHomesandLand.com](http://MichaelMurphyHomesandLand.com).*

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*Readers Write*

## Farrier Education Clinics with Mark Caldwell, FWCF

By Chris Hadel



*Enthusiastic group participation during clinic at UC Davis*

Last July, the Western States Farriers Association hosted a two-day clinic at UC Davis. Mark Caldwell, Fellow, Worshipful Company of Farriers (FWCF), presented a hoof mapping protocol which allows a farrier to consistently (within 2 mm in most cases) locate the leading edge of the coffin bone (solar margin of coffin bone) and the center of rotation of the horse's foot even when the hoof capsule (and thus many of the external landmarks we rely on to define our trim parameters and shoe placement) has been distorted.

Caldwell is currently writing a PhD thesis relating to hoof morphology, and recently retired from teaching at Myer-scough College (one of four approved schools of farriery in England). He is much sought after internationally as a clinician and speaker within the farrier community. Mr. Caldwell's website is [www.scientifichorshoeing.com](http://www.scientifichorshoeing.com).

Mr. Caldwell is a Fellow of the Worshipful Company of Farriers, the British farrier education/regulatory body in existence since 1605. Fellow is the highest of the system's three certification levels—Diplomate, Associate, and Fellow. Currently, approximately fifty people worldwide have reached this level, including four or five in the U.S. There are slightly more Associate level farriers in North America, but it remains a relatively rare achievement.

After a morning lecture, which included a thorough discussion of the forces which the distal limb and hoof capsule are subjected to during the stance phase in movement, the hoof mapping protocol was explained, after which we moved into the UC Davis farrier shop. We trimmed hooves on cadaver legs, marked the location of the coffin bone's tip and center of rotation on sole using the mapping protocol, drilled into those points with a cordless drill and dissected to verify that the points we had marked corresponded with internal structures.

In the afternoon on both clinic days we had two live horses, which provided opportunities for discussion of gait analysis and trim/shoeing considerations relating to conformational issues (and



*Mark Caldwell discussing finer points of shoe fit with second generation farrier Tanner Durham during clinic at Golden Gate Equestrian in Fairfax, CA*

some hands-on work). Approximately sixteen to nineteen farriers were present, several who work in the North Bay area, including Phil Tressenrider, Sam and Tanner Durham, and Mark Paine.

On July 28th Mr. Caldwell spent a day at Baywood farm with Sam Durham, Tanner Durham and Mark Paine. Sam and Mark are both AFA Certified Journeyman Farriers, Diplomates of the WCF, and will be traveling to Kentucky in October to attempt the Associate test. This is an arduous exam for highly experienced and skilled farriers, and it is not uncommon that candidates to make multiple attempts before passing. Mark will be making two additional trips to Kentucky in August and September to attend clinics relating to preparation for his first attempt at the exam.

Positive vet/farrier collaborative interactions are good for horses. Dr. Jamie Textor of Total Performance Equine ([www.totalperformanceequine.com](http://www.totalperformanceequine.com)) and Sam were working on a horse together on the morning of the 28th at Baywood. Dr. Textor, Sam, Mark Paine, and Mark Caldwell had some lively and very educational discussion regarding radiographs, the horse's lameness issues, and possible helpful strategies. Dr. Textor was positive, interactive, informative, and collaborative.

There have been quite a few good educational clinic opportunities in the region this year. My personal favorite was Walter Varcoe assembling the horse skeleton at Shone Farm. I see that Deb Bennett will be presenting at Shone Farm in September. That should be a fantastic clinic for farriers, horse owners, trainers, vets, bodyworkers. We are fortunate to have such educational opportunities.

*Chris Hadel is a farrier practicing in the Grass Valley/Sierra Foothills/Sacramento area. He continues his farrier education by working with Durham Farrier Service and by attending a variety of farrier education clinics. He is a horse owner and enjoys trail riding.*



## Readers Write

# Words Matter

By Sarah Lockwood

How many times have you heard these types of words spoken around the barn:

"This mare is out to get me."

"That gelding is so stubborn!"

"That horse doesn't like anyone."

OK. I think we can all agree, words matter. Eloquence is praiseworthy, slander is punishable, and words have the power to create lasting impressions. So, then, why does it seem that so many horse people do not harness the power of words? Even more importantly, since words begin as thoughts, how many of us really examine and take responsibility for our thoughts, beliefs, and emotions when around our horses? The implications are absolutely critical for professionals and owners alike.

As prey animals, to keep their location undetected, horses are primarily non-verbal communicators. Masters of the non-verbal, horses use body language, energy, and telepathy to receive and distribute information within and outside of the herd. In domestication, this includes whoever is in the horse's zone of awareness or influence. Many people utilize equine psychology and body language in their horsemanship, which is great. But if we stop there, at best we are leaving multiple, powerful channels of communication untapped. At worst, we introduce incongruence—outwardly or intellectually understanding and using the horse's body language, but energetically, spiritually, and emotionally not tuning in to the holistic reality of the horse. Incongruence is crippling to horsemanship and to well-being in general.

In tangible terms, those who wish to be truly connected, fulfilled, and successful in their horsemanship must bring mindfulness to their thoughts and spoken words, especially around horses. We must practice diligence in recognizing thoughts and beliefs as they occur, releasing those that do not serve our own or our horse's highest potential. A belief is simply a thought you keep thinking, usually reinforced by words you keep saying. If you arrive at the barn in a cloud of frenzied, stressful thoughts, you unwittingly introduce that unstable dynamic into the barn. Couple this with gossiping, complaining, or criticizing people or horses around you, and you continuously reinforce the negative shock wave. It's amazing that horses can tolerate being in the presence of such chaos at all, even as they mirror us, always ready to reflect our positive shifts and move forward.

I once observed an entire barn turn against one gelding due to



*Sarah Lockwood and a muse*

negative chatter about him from a handful of boarders. The paradigm resulted in his regular ear-pinning that reinforced people's beliefs. The daily revisiting of negative chatter created the reality. Once free of those limiting beliefs, my observations and work with him resulted in a different impression, one far more positive than the rumors.

Names are also incredibly powerful. Last year I had the opportunity to gentle some BLM mustangs in Wyoming. One gelding in our group had been previously adopted by well-meaning owners who attempted to work with him in a round pen as they would have done with a domestic horse. He reacted defensively, was labeled aggressive, and was subsequently named Savage. During the gentling program, the first thing we did was give him a new name that would serve him better. We called him

Savvy. In the days that followed, he changed before our eyes from a Savage to a Savvy, gentle horse.

The beauty of working with or just being around horses is experiencing their ability to help us to become better. Remember, use the power of your words and thoughts for good next time you head to the barn. If you realize you have ingrained patterns of thought, or ways of speaking that are sabotaging your horsemanship, enlist help from an equine professional who can help you realign and move forward.

*Sarah Lockwood, P.G., is a Holistic Equine Management Specialist based in Sonoma County. Sarah provides holistic horse training and professional geologic consulting for horse properties. Visit [www.EarthAndEquine.com](http://www.EarthAndEquine.com) to learn more. Email: [EarthAndEquine@gmail.com](mailto:EarthAndEquine@gmail.com). Phone: 707-239-2280.*

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## Readers Write

# A Thank-You Letter to my Horse

by Nancy Chien-Eriksen

We're very ordinary, you and I. We don't do dressage, jumping, or cutting. You live in a simple pasture behind the house, never sick, lame, nor blanketed. You buddied with different companions. Now alone, you've handled the many changes with no issues.

Humans are not so at ease.

As I'm learning the law of attraction and expressing gratitude, I want to thank you profusely for greeting me joyfully whenever called. You allow me to pull the burrs and weeds out of your long mane and tail, though you don't love that fussing. If I leave you tied to the trailer long before loading, you wait patiently without complaint. You relieve yourself before loading, often when I ask. You always leave the trailer clean, saving me much work. Thank-you, boy! You learned, quickly, to stand motionless so I can mount. You make it a pleasure to explore new trails, stepping into rocky creeks and mud. I can trust you with non-riders on your back for their first time. You nuzzle willing hikers who are amazed at your friendly, oversized head with your sexy forelock and deep endearing eyes. You put up with my weird shenanigans, waving hats, tarps, umbrellas, brooms, and noisy bags. You know what "good job" means during these games. You once thought I might eat you as I biked around you while feeding, but you learned that it was fun to follow my husband's bike and his elderly father's scooter on the trail. My speedster Arab always needed to finish by yesterday, but you, my mellow foxtrotter, don't care when you arrive. You are happy just to meet people.

Recently at Bear Valley in Pt. Reyes, we quietly walked past two



nervous riders. Later, you had no reaction to their horses panicking past you, out of control due to the appearance of a bike, one rider cursing embarrassingly at the hapless cyclist. We had already practiced worthwhile desensitizing before tackling such a popular trail. I know, Magic, if I am quiet around you, you remain quiet. You don't mind the extra thirty-seconds to nose things that initially startled you. Each outing, I remind myself of Murphy's Law, for prevention, and the law of attraction for good endings (positive thoughts attract positive results). Maybe we both envision a safe and happy return home after another day in paradise.

Myself, I tend to become extra calm in tight situations. With my first horse, we rode frequently over freeway overpasses, even between a flapping tarp and sudden appearance of a

commuter bus. Once, on a hill, with our Arabs, we watched the Blue Angels fly over the Golden Gate Bridge, neither riders nor horses expecting that one of the jets would turn and fly directly at us. The horses finally stopped spinning when the jets vanished. You would have just munched.

Whenever I touch your sensuous coat, I want that slow caress to feel even more rewarding to YOU. I want to feel reassuring to you, as I feel how healing you are to me.

Ten years ago I bought you sight unseen. Your giving spirit has inspired me to create art that my customers love. You served my dear departed husband as a trustworthy steed, hence a major comfort for me. You've been a perfect joy whenever we ride under the full moon with our poignant memories. So, dear Magic, despite my mother's warning about bragging, I'll not stop counting all my blessings such as you. May I continue learning to be worthy of you, my magical friend.

With utter amazement and endless gratitude,

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Nancy Chien-Eriksen, Petaluma, started riding at age 31 after years of drawing and selling horse images. She works in water media, scratch art, and pastel. Nancy studied art in Italy and also loves to teach the language. [www.nancyart.com](http://www.nancyart.com).

*From the Judge's Booth*

Column editor Melissa Kalember, SCHC Board of Directors

## What is Abuse?

We all know obvious abuse: excessive whipping, excessive spurring, or extreme see-sawing on the horse's mouth. Those are easy to see forms of abuse.

But what about other levels of abuse?

There are many levels of abuse that I feel are no longer seen or recognized as abuse, accepted instead as 'the way things are.'

It's challenging to convey just how much troubling behavior I see at every level of show.

From local shows to high rated shows, for example, I see horses going in too many classes. It's heartbreaking to watch. I have counted classes occasionally when judging, and seen instances where several horses did at least ten flat classes and almost ten jumping classes, either with the same rider or multiple riders. Consider that flat classes are usually eight minutes each, multiplied by ten, and that's eighty minutes of walk, trot, canter. Add jumping classes, at eight jumps per round, multiplied by ten rounds, and that's EIGHTY JUMPS!

Class after class, I see these poor horses trying to catch their breath as they walk into the arena waiting to be judged again. People get so caught up in themselves, how they look, and their quest for ribbons, that they forget to take care of the four-legged animal under them! It's even more heartbreaking when the horse starts to pick up wrong lead, break to the trot, or refuse a jump because they are exhausted, and the angry rider hits the horse with a crop. Sadly, there are no rules (yet) that give the judge any authority to say, 'stop, too many classes.' I know certain organizations are working on it, but there are many steps they must go through before it will be in the rule book.

Humans save the term abuse for the extreme, obvious faults, but what about sitting on your horse all day at a show? Or riding in a 'strong' bit to help you, instead of taking the time to learn how to ride, or the time to train the horse properly? Again, from the judge's booth, I see many things, and see them often enough to write about them. I see riders showing in classes for which they are not ready. They either have an expensive horse who humbly packs them around, or a heart of gold equine who tries its hardest to help them. Don't get me wrong, we all have to move up a level at some point, but it should only be when we are ready, not just because we want to move up. There is a difference.

The hard part about writing this is that there are trainers out there who think they are doing it right, and they are not. As a result,



*Take the time to teach, show, and educate our future riders.*

riders will follow their instruction and not gain the knowledge and feel of rightness. I recently watched a trainer take a client's young, very nice, beautifully built horse around a course of jumps. My communications regarding issues in the equine industry are usually diplomatic, but this trainer was so obviously not a good rider that, well, I won't go into details, but I watched this trainer yank, yank, hold, hold, and then give a huge release over the jumps. I've seen this horse before, and while it is not a naturally strong horse, it is a youngster and gets a little excited (not strong) in the arena. Over and over, class after class, I watched this trainer ride the same way. The trainer never looked for a feel or softening from the horse. I felt bad for the horse, and knew the trainer was now 'training' the horse to go that way in-between and over the jumps.

To prove my point that riders follow their trainers, the owner posted pictures and thanked the trainer later that day on Facebook, boasting about how well the horse did. It's just hard when people don't see, or care, and a beautiful horse pays the price for our ignorance.

If you don't know, ask around, sit at a show and simply watch several classes. You will see rightness—it has a feel, a look to it. You can see it if you take the time, and you can find that time by reducing the number of classes you enter. You and your horse will be better for it.

*Melissa Kalember is a SCHC Board Member, a USEF R Judge, SAHJA Judge, equine masseuse, and intuitive trainer. She will be writing a column "From the Judge's Booth" in every issue of the Horse Journal, so please contact her if you have a specific topic you'd like addressed: melissa@kalemberequine.com.*

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*Readers Write*

## Dealing with Frustration

by Chris Ellsworth

If you've never been frustrated by a horse then you haven't ridden enough, but you can choose to look at every frustrating thing your horse does as another chance to learn something from him. This is the story of a horse who taught me that lesson.

I once helped move cattle for a week in the mountains of Wyoming. When I learned which horse I'd drawn for this assignment I had to grit my teeth—hard. I'd ridden him once before and it wasn't pretty: he was chargey, herd bound, and carried himself as crooked as a snake. It was only ten minutes before he was making me crazy. I vowed to fix his charginess and put an end to this herd-bound nonsense. Unfortunately, nothing I did settled him down, because, as it turned out, those weren't his real issues.

It became obvious as the day wore on that I was making things worse, not better. Exhausted, frustrated and angry clear through, I decided to give up and just work on some leg yields. Maybe these could at least help straighten him out. Picking up the left rein I got a leg yield to the right without much trouble, but in the other direction I made no progress whatsoever. Even asking for the tiniest try caused him to flip his head, bolt forward and start jiggling. This simple request was making things worse again. That's when I had my "A-ha!" moment. I decided to try something. I moved my right hand forward with the rein as if preparing to yank it back. He flipped his head. I did it again. Same result. Letting go completely of that rein, I jerked my hand back as if yanking on it. The horse threw his head and almost jumped out of his skin.

Some previous owner had been a right-handed rein-jerker! That poor horse was defending himself the only way he could. The head tossing, carrying himself crookedly—all of it—was his way of bracing for the pain he knew was coming. So I spent three long days just moving my right hand around on the rein, letting him react until he realized I wasn't going to hurt him. Then I spent another day making light contact with his mouth until he stopped flinching. At the end of our eight days together, he was a lot less crooked and we were leg yielding easily in both directions behind the cattle, rocking back and stepping over—all the cool cowhorse stuff! And the bonus? Once he figured out he could be safe with his rider, the charging and herd-bound nonsense faded away.

I learned something from that horse about the importance of getting to the root cause of troubles and working through them, that it can dramatically improve horsemanship. My perspective changed the moment I realized this was the single biggest issue in his life. Comparing it with my own life struggles, I found empathy. This fear was real for him. It wasn't about me; he wasn't doing anything to me and he wasn't trying to make me mad. He was just trying to survive as best he could.



Chris Ellsworth and Pancakes

Once you realize that unwanted behaviors aren't always about you or even directed at you, and if you can gain insight about what your horse is going through, you'll be less frustrated and the pressure you feel to fix it will miraculously go away. What other people may think won't matter, because you will truly be in it for the horse. You'll learn that deep-seated misbehaviors are really a horse's way of illuminating some fundamental flaw in his training or his relationship with humans. These take a long time to establish and even longer to fix. When you recognize that, you'll measure progress by your calendar instead of your clock. Hey, some miracles just take longer.

In the end, the biggest lesson I took from that horse was not how to fix a right-handed rein-jerker's mess, but rather how deducing the real cause of his troubles changed my outlook. I started out unenthusiastic about working with him. He was older and his habits were deeply ingrained. The thought of dealing with that for a week had me frustrated and a little surly, especially after it became clear nothing I did was helping. Once I figured out the true source of his problems, my feelings for this horse changed completely. When it became intensely important for me to help him, my own frustrations evaporated. Our journey became both challenging and exciting. Moving my hand around on the rein for three days didn't feel like a chore at all; it felt like giving a magnificent animal another chance at harmony.

*Chris Ellsworth offers horsemanship clinics for riders of all types and kinds (and all levels of frustration). He will be in Healdsburg October 3-4. Contact Sylvie Anacker, [asorges@gmail.com](mailto:asorges@gmail.com), for more information. Visit Chris's website at [www.chrisellsworthhorsemanship.com](http://www.chrisellsworthhorsemanship.com) or like him on Facebook.*



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## Readers Write

## Obstacles

By Deb Jackson

Why do we spend so much of our time, and have so much fun, on our horses and playing with obstacles? I remember as a kid that Silver and I could cross any stream, ride through new fallen snow, jump over logs and go anywhere we wanted, as far as we wanted. The Lone Ranger, Zorro, Annie Oakley, Roy Rogers and Dale Evans were all my super heroes, and, yup, they all had horses.

The most difficult obstacles are of the mind and spirit. In my imagination, I could change my life and be a Ute Indian girl, living close to nature, or Annie Oakley! I wasn't a bad shot back then, judging from the playing cards we put on the clothesline for targets. Most often I imagined I was Silver's herd-mate, beautiful, free and wild. I'm quite sure that at eight-years old I felt the most confident and free than I have at any other point in my life.

The heart has powerful magic. This year an eight-year-old Morgan mare named April Alert found me. Her youthful spirit is obvious to all who meet her. She is an invitation to adventure and aliveness.

Lisa Chadwick's now iconic photograph of Potato Richardson and Filouette leaping up Cougar Rock at this year's Tevis intrigued me. "I just rode smarter," said 72-year-old Richardson. He was describing how he garnered his twenty-second win in a field full of past winners, in front nearly the whole way and finishing a half-hour ahead of the next team. The part of his story that truly fascinates me is that Filouette is the daughter, and granddaughter, of his two other winning Tevis equine partners. I'm imagining that there is immense trust, love and commitment in his relationship with his horses. This is the kind of wisdom that feeds the soul.

My riding life is more, uh, tame. I did mentally have that photo's image with me on a ride with friends last weekend as I climbed a steep stream bank on April! Don't laugh! It wasn't Cougar Rock, but it had been a very long time since I'd attempted something like that. There was the hesitation, a familiar fear. I knew she could make it, but would I be left behind in the mud? Who was I to attempt this at my age, and was I strong enough to stay with her? There was a turning point mid-stream, it was an instant, a moment of surrender.

What was surrendered was thinking small, of fear and second-guessing – you know the drill. In my mind, "Uh-oh, not sure about

*Cardio-Pulmonary Inspiration!!*

Luna Tierra Photography

this." In April's, "Cool!" There is commitment in this kind of surrender.

The commitment was to trust my horse's powerful ability to summon energy, to surmount the obstacle with lightness, speed, and joy. My job was to commit to connection, fully, matching her focus and intention. The energy seemed to come from somewhere else, from behind us, shooting through and up. We were lifted, then we were standing on the road at the top. That was it.

She looked around to me, "What's next?"

Me, "Cool!"

Back at the ranch, we play with bridges, gates, jumps, poles, cavaletti, barrels, you name it. We humans seem to love challenges and are endlessly inventive at finding ways to create

hardships in our lives. What is it about partnering with horses when moving through these metaphorical transitions, hurdles, stumbling blocks and hang-ups that makes it all so much fun? Horses teach us to ride and feel, each step, each breath. We meet them in the now. They teach us to call on an energy much greater than what we believe to be our own, to be focused and committed, and then to let go and celebrate!

A horse's wild spirit knows how to heal us. April teaches me to play with the barriers I encounter in life. I'm grateful for every moment we have together.

*Deb Jackson partners with horses to create a unique and effective healing experience for you. If you're curious and a bit adventurous, call her at 808 561-1932. Visit Windhorse Full Circle Coaching on the web at [WindhorseFullCircle.com](http://WindhorseFullCircle.com).*

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## Sonoma County Events—Fall 2015

Sept 12-13	Horse Ground Handling Skills Instructors: Lisa Lombardi & Joyce Torrigino	Shone Farm Equestrian, Forestville CA 95436	shonefarm.com
Sept 13	Combined Test Jumper & Dressage	SR Equestrian Center, Santa Rosa CA 95401	srequestrian.com
Sept 16	SHP Season Finale (AA)	Sonoma Horse Park, Petaluma CA 94954	sonomahorsepark.com
Sept 19	CGA Gymkhana (rental)		sebastopolwranglers.com
Sept 26	Equine Acupressure Presenter: Diana Thompson	Shone Farm Equestrian, Forestville CA 95436	shonefarm.com
Sept 27	Jumper Show	SR Equestrian Center, Santa Rosa CA 95401	srequestrian.com
Sept 27	Russian River Rodeo Assoc. Play Day	Duncans Mills, CA 95430	russianriverrodeo.org
Oct 3-4	Chris Ellsworth Clinic	Hoofbeat Park, Healdsburg CA	chrisellsworthhorsemanship.com
Oct 4	SW Trail Ride	TBD	sebastopolwranglers.com
Oct 11	Combined Test Jumper & Dressage	SR Equestrian Center, Santa Rosa CA 95401	srequestrian.com
Oct 11	Intro to the Tellington TTouch Method Presenters: Kathleen Aspenns and & Judy McHerron	Shone Farm Equestrian, Forestville CA 95436	shonefarm.com
Oct 17	CGA Gymkhana (rental)		sebastopolwranglers.com
Oct 25	European Pony Sch Halloween Show	SR Equestrian Center, Santa Rosa CA 95401	srequestrian.com
Oct 31	SW Halloween Playday		sebastopolwranglers.com
Nov 7	CGA Gymkhana (rental)		sebastopolwranglers.com

*Please submit events for the next issue to Horse Journal Editor, Patrice Doyle - [editor@sonomacountyhorsecouncil.org](mailto:editor@sonomacountyhorsecouncil.org)*

## Sonoma County—Places to Ride

Annadel State Park	6201 Channel Drive	Santa Rosa, CA 95409	707-539-3911
Armstrong Redwoods State Natural Reserve	17000 Armstrong Woods Road	Guerneville CA 95446	707-869-2015
Cloverdale River Park	31820 McCray Road	Cloverdale CA 95425	707-433-1625
Crane Creek Regional Park	5000 Pressley Road	Rohnert Park CA 94928	707-565-2041
Doran Beach Regional Park	201 Doran Beach Road	Bodega Bay CA 94923	707-875-3540
Foothill Regional Park	1351 Arata Lane	Windsor CA 95492	707-433-1625
Helen Putnam Regional Park	411 Chileno Valley Road	Petaluma CA 94952	707-433-1625
Howarth Park	630 Summerfield Road	Santa Rosa CA 95405	707-543-3282
Joe Rodota Trail	4201 Sebastopol Road	Santa Rosa CA 95407	707-539-8092
Laguna de Santa Rosa Trail	6303 Highway 12	Santa Rosa CA 95401	707-433-1625
Ragle Ranch Regional Park	500 Ragle Road	Sebastopol CA 95472	707-565-2041
Riverfront Regional Park	7821 Eastside Road	Healdsburg CA 95448	707-433-1625
Salt Point State Park	25050 Highway 1	Jenner CA 95450	707-847-3221
Spring Lake Regional Park	391 Violetti Drive	Santa Rosa CA 95409	707-539-8092
Sugarloaf Ridge State Park	2605 Adobe Canyon Road	Kenwood CA 95452	707-833-5712
Taylor Mt. Regional Park & Open Space Preserve	3820 Petaluma Hill Road	Santa Rosa, CA 95404	707-539-8092





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| <input type="checkbox"/> Trail Advocacy       | <input type="checkbox"/> Emergency Response   | <input type="checkbox"/> Publication distribution    |
| <input type="checkbox"/> Phone Calls          | <input type="checkbox"/> Website              | <input type="checkbox"/> _____                       |

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Please make checks payable to: SCHC and mail with Membership Application Form to the address below.

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